



*Celebrate! Honoring Our Past,
Envisioning Our Future.*



During the week of October 29, 2012, the Junior League of Winston-Salem (JLWS) will once again host the very popular Town Hall meetings at various locations across the city to allow members to gather in small groups to network, share ideas, and brainstorm on the future of the organization. In keeping with this year's theme, a portion of this year's meetings will be spent reflecting on the accomplishments of the past ninety years, allowing members the opportunity to learn more about their history as well as how that history impacts their work today. Light refreshments will be served at each of the Town Hall meetings and attendance will count toward membership meeting requirements.

Members may sign up in the Members Only section of the JLWS web site beginning October 8, 2012 to choose the time and location of the meeting that best meets their schedule. Do not miss this great opportunity to provide input into the future direction of the JLWS, including potential plans for the 100th Anniversary.

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October / November Town Hall Meetings

Members can choose the date and time that best meets their individual schedules.

Monday, October 29, 2012
(day or evening)

Tuesday, October 30, 2012
(day or evening)

Thursday, November 1, 2012
(day or evening)

Friday, November 2, 2012
(day)

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Hours: 8:30 a.m.- 4:00 p.m., Monday- Friday



I recently came across an article that someone had posted to their Facebook page entitled “Defining your Life’s Purpose.” It was sandwiched between a photo of a friend’s daughter’s first day of kindergarten and another friend’s posting about the college football tickets that she was trying to sell. After smiling of the irony of the postings (although college basketball may have been more appropriate for me), I clicked on the link to read the article. The author shared, “Our purpose is our reason for being - it’s why we’re here on this earth. Each of us has a unique purpose in life and it’s up to us to uncover our purpose and fulfill it. By doing so, we will be a blessing to others, and be blessed as well.” Pretty intense stuff for a Monday morning!

Have you ever sat down and considered where your passions lie? Ever made a mental list of the things that you are truly passionate about? Do they align with your personal, career, and volunteer (including JLWS) activities? If not, then why not? I kept thinking back to the article throughout the day and the process it outlined to help when examining one’s life’s purpose.

Step One: “Determine your Values and Priorities.” The values that we hold closest help guide us in our decision-making and in setting our goals. By simply asking, “What is important to me?” we can draw patterns between our values, priorities, and the choices we make in our personal and professional lives. This includes the choice we each made when we joined the JLWS and why we choose to remain a member of this amazing organization.

Step Two: “Uncover Your Passions.” Think about the things that excite you and bring you joy. These are the same factors that motivate us to accomplish the tasks we set before us and achieve our goals.

Step Three: “Identify Your Contributions.” What are your interests and talents and how can they contribute to improving our community? We don’t have to do “big things” to make a large impact on the world around us. Mentoring a high school senior, reading to a child, and helping future leaders develop skills that could one day allow them to lead a nonprofit makes an impact and are “big things” to those we serve.

Step Four: “Describe Your Legacy.” Ask yourself: “How will people remember me? What difference can and WILL I make?” You have heard (and will continue to hear) about the incredible legacy the JLWS has of making a difference in the lives of children and families, and how we all are working to make a difference today. As a member of the JLWS, we are all a living part of that legacy.

Step Five: “Put it all Together.” Looking at the above, what do you see? What do your answers reveal about you? How does your membership in the JLWS factor in?

As JLWS members, it is our passion for improving the lives of women and children in the Winston-Salem community that binds us together and allows us to be successful in our work year after year. Never forget that purpose. Never lose sight of that passion. Never doubt that you are making a difference.

“Defining Your Life Purpose,” Used with permission from Kathleen Barton. Kathleen is a keynote speaker, workshop presenter, and life coach specializing in life purpose, career success, and work-life balance. She is the author of Finding Your Purpose and Passion in Life workbook and Passport to Priorities: Your Road Map to Balanced Living.

The Junior League of Winston-Salem is an organization of women committed to promoting voluntarism, developing the potential of women and improving the community through the effective action and leadership of trained volunteers. Its purpose is exclusively educational and charitable.

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The *Informer* is published six times a year in August, October, November, January, March, and May by Junior League of Winston-Salem, Inc.

The *Informer* accepts advertising. For more information, visit www.jlws.org/informer

Advertising deadline for the January/ February issue: November 19, 2012

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August Board Briefs

The JLWS Board of Directors met on August 20, 2012. The meeting began with an introduction of Placement Liaisons chair, Grace Neal, and a discussion of the placement liaison role within the JLWS. The discussion was followed by an introduction of Parker Tegeler, the new Volunteer Development chair. The previous chair of Volunteer Development, Cat New, has moved into the role of Membership vice president. Both of these changes are pending membership approval at the September General Membership Meeting (GMM). Next, the finance report was given by Stephanie Moser and Teresa Inman and discussed by the Board. Teresa Inman and Heather Mackey gave an overview of the *Informers* publication redesign that has taken place and provided an update on the status of the potential web site redesign.

Stephanie Moser discussed the JLWS Boutique event, scheduled from November 30 through December 2, 2012 and the need for additional Boutique vendors. The Board discussed the Rummage Sale Forum conducted August 6, 2012. Plans for another forum to be held in October are currently in the works. The Board feels it is important to continue the discussions regarding the Rummage Sale and to involve all members in the process.

Elizabeth Dampier presented the Strategic Plan in its current state. The Board of Directors representatives for each council broke into groups to finalize their respective sections of the plan. Following the strategic plan discussions, Heather Mackey reviewed the 2012 Growth and Manpower Report noting that Active membership has stabilized in the past three years, however Sustainer membership has dropped. Sustainers are vital part of the organization so considerable discussion ensued regarding Sustainer retention and plans for the creation of the Sustainer council, as well as overall membership retention and growth.

The Board approved a motion to amend Membership council policy and allow the New Member Recruiter position to formally be part of the Membership council. The Board also passed a motion pertaining to the Bylaws, Article III, Section 3.B – Proposal, Election and Acceptance of Provisional Membership to elect the New Member Class to Provisional Membership.

Nominating Committee Selection Process Changing

Last year, the JLWS changed its Nominating committee selection process. Many Junior Leagues throughout the country have similarly transitioned the selection process for nominating and leadership positions. New members of the Nominating committee are selected through an application process and then approved by an election of the JLWS membership at a GMM. The Nominating committee is represented by:

- Four Actives from the two through six years of service of category
- Two Actives from the seven and over years of service category

Nominating committee members serve a two year term and should possess a broad range of Junior League experiences. Committee members must be able to objectively evaluate a person's potential for leadership and set friendships and personal relationships aside. Upon selection, the member will be required to sign a confidentiality agreement and maintain that confidentiality and a level of integrity, maturity, objectivity, and foresight at all times as leadership decisions are based on what is in the best interest of the JLWS as a whole. While serving on the Nominating committee, the member is not eligible to be nominated for any Board position and may not serve on any other committees.

Applications are now available for those who are interested in applying for a position on the 2013- 2014 Nominating committee. The current Nominating committee will review all applications submitted and will select the most qualified individuals for each membership category. Once candidates are selected, the current Nominating committee will present a proposed slate of new members of the Nominating committee to be voted on for approval at the January 2013 GMM.

All eligible JLWS members interested in serving on the 2013- 2014 Nominating committee are encouraged to complete an application. The application can be found online at www.jlws.org in the Members Only section under the Forms and Documents tab. Applications are due by Friday, November 2, 2012. Contact Nominating chair, Erin Jelinek, with any questions at nominating@jlws.org.

General Membership Meeting Calendar

October 2012

Town Hall Meetings
Times and locations will vary.

January 28, 2013

6:30 p.m. Social
7:00 p.m. Meeting
Forsyth Medical Center Conference Center
Voting Meeting

March 25, 2013

6:30 p.m. Social
7:00 p.m. Meeting
Forsyth Medical Center Conference Center

May 20, 2013

6:30 p.m. Social
7:00 p.m. Meeting
Forsyth Medical Center Conference Center
Voting Meeting

Membership



Ask Your Member-at-Large

Q: I have just transferred to the JLWS and signed up for my first Town Hall Meeting. I don't understand what the purpose of the Town Hall is. What should I expect?

A: This is a great question! The JLWS is a large organization consisting of almost three hundred Active members, so Town Hall Meetings are great ways to have a smaller forum to share information about the direction of the JLWS. The meetings consist of approximately twenty members going over some general business items and then move through a list of questions or topics. This is meant to be an interactive and open discussion where your opinions can be heard. Feedback and ideas from the Town Halls are reported back to the Board to help make decisions that impact the JLWS and the community.

Town Halls are also great ways to meet new people and network. So often we only get to know the members in our placement or recognize one another from the GMM.

On behalf of the Board, we truly appreciate everyone's time and feedback during these meetings. Please do not hesitate to contact me with any questions at memberatlarge@jlws.org.

Getting to Know the Members



Active Member Profile: Anne Dunn

Hometown: Salisbury, North Carolina

Family: Chris (husband), Three children: Zach (nine), Hillary (seven), and Oliver (three); Pets: Rory the English Bulldog, Flounder the cat, and Spiderman the Betta fish

Profession: Oncology RN (but currently staying at home)

Hobbies: Running, cross training, and sitting down (I don't get to do this one much)

Years in the JLWS: Nine years

Reason for joining the JLWS: Volunteer in community and meet new women

Favorite placement: Child Abuse Puppet Show

Fondest JLWS memory: As a Provisional (New Member) at orientation, the entire busload of women waiting on me to go on a tour of Winston-Salem while I pumped since I had a two month old at the time (who is now nine)

Other Volunteer Work: Whitaker Elementary School, president of the Dogwood Garden Club, Brenner Children's Hospital, and St. Paul's Episcopal Preschool

Favorite quote: My mantra to my children is to "go with the flow." (They have learned to roll their eyes when I say, "What is my mantra?")



Sustainer Member Profile: Lauren Wierman

Hometown: Gastonia, North Carolina

Family: Scott (husband), Three children: Mary Beth (twenty-one), Abby (eighteen), and John (fifteen)

Profession: CPA at Daniel Professional Group

Hobbies: Volunteering, reading, and exercising

Years in the JLWS: Twenty-three years total (Fifteen as an Active member and eight as a Sustainer)

Reason for joining the JLWS: Desire to meet new friends and learn about the community

Favorite placement: Several community placements including Ronald McDonald House, Camp Carousel, and Easton Elementary

Fondest JLWS memory: Rummage Sale

JLWS influence in everyday life: Being able to acknowledge and appreciate the value of a collaborative effort of a group

Other Volunteer Work: Co-president Mt. Tabor High School PTSA, Senior Warden at St. Paul's Episcopal Church, previous Susan G Komen board member, member of Women's Fund of Winston-Salem, Teen Study Club, and Glenridge Bunco Club

Favorite quote: "Life is short, and we do not have much time to gladden the hearts of those who travel with us, so be quick to love and make haste to be kind." - Henri Frédéric Amiel



Placement Liaisons are here to serve the JLWS members!

Placement Liaisons are members' personal resource for placement and membership issues. Members should contact their Placement Liaisons if they have concerns regarding their placement or if they want to share a great experience they have had while participating in their placement. Liaisons need to hear about changes in membership status (such as the desire to transfer, sustain, and take a sabbatical or maternity leave) or if a member feels that life is making it difficult to fulfill their placement obligations. In addition, Placement Liaisons want to celebrate exciting life events such as marriage, additions to the family, and other accomplishments within or outside the JLWS. Finally when members decide they want to take a more active role or become a future leader within JLWS, they should inform their Placement Liaison.

Fall placement interviews will be held in October. This is a great time to share any of the information listed above. Since it is early in the JLWS year, the Placement Liaison committee also wants to find out what each member expects from their placement. Have these expectations been met thus far and do they match the hopes for this placement when the member originally committed? Even if everything is going great and members have no concerns, they are encouraged to participate in these important calls. This gives JLWS valuable information on membership satisfaction and placement development. The goal is to improve everyone's overall experience within the JLWS. For questions regarding anything related to Placement Liaisons, please contact the Placement Liaison chair, Grace Neal, at placementliaisons@jlws.org.

Town Hall Details

The JLWS will be hosting Town Hall meetings beginning later this month through the first week in November at member's homes across the city. Over the last several years, members have provided positive feedback about these smaller meetings and the opportunities that they provide to better get to know one another and discuss JLWS happenings. Reflecting upon the legacy of the JLWS in the community, members will have the opportunity to provide input into the direction that the JLWS should take in the future, and recommendations for how things can be improved or enhanced today. Meetings are hosted by members of the Board of Directors and Programs and Arrangements committee and will provide a chance to ask questions, learn more about various opportunities available for training and leadership, and get to know fellow members. Members are strongly encouraged to attend and sign up on the JLWS for the meeting that best meets their schedule.

Dates and times can be found on the cover page of the *Informer* and more information, including the location of individual meetings, can be found at the JLWS web site at www.jlws.org. Please RSVP as space is limited.

League Linkers

Join fellow JLWS members and the League Linkers committee on Thursday, October 18, 2012 from 5:00 p.m. to 7:00 p.m. for an open house at Invitations Only (3301 Healy Drive, Winston-Salem). Browse the shop and socialize with friends while taking advantage of JLWS only specials. A fun event to catch up with friends and order holiday cards!

Join JLWS members and friends on Wednesday, November 7, 2012 from 6:30 p.m. to 8:30 p.m. for Beer School at Foothills Brewery in downtown Winston-Salem. Learn about the brewing process, go on a brewery tour and taste samples for \$20.00 per person. Space is limited. Sign up on the JLWS Members Only web site.

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New Members

Welcome 2012- 2013 JLWS New Members!

On Saturday, August 18, 2012, ninety-nine New Members gathered at Forsyth Country Club to begin their journey in the JLWS. They made new friends, learned about the history of AJLI and the JLWS, and took a real journey with a van tour around Winston-Salem. Here are a handful of the New Members- stay tuned for additional small groups in future *Informer* issues!



Alison Grein's New Member Small Group

Back row from left to right: Kelly Carter, Heather Sapp, Abby Rudd, Andrea Kiester and Meredith Hacker

Front row from left to right: CeCe Brooks, Susan Edwards, Jessica Dowell, and Candace Johnson

Not pictured: Teresa Braeckel, Jennifer deGuzman, and Brigham Wall



Amber Kirkman's New Member Small Group

Back row from left to right: Mary Frances Garren, Nicole Irrobali, Ariel Whitman, Jacqlyn Piscetelli, Laura Utterback, Jessica Rodgers

Front row from left to right: Sarre Boglioli and Emilee Marchesiello

Not pictured: Meghan Avery, Chelsea Carter-Ellis, Megan Kinney, and Amy Schultz



Elizabeth Voelker's New Member Small Group

Back row from left to right: Barbara Cini, Anna Livingston, Heather Rompel, Jessica Moorefield, Brooke Orr

Front row from left to right: Stephanie Flores de Valgaz, Elizabeth Coldagelli, Sonny Haynes and Salem Simmons

Not pictured: Amanda Davis and Jessica Inkster



Kate Wall's New Member Small Group

Back row from left to right: Katherine Yarbrough, Courtney Team, Eleanor-Scott Davis, Katherine McBroom, Julie Antrim

Front row from left to right: Sarah Boerkircher, Holly Sellers, Elizabeth Richardson and Jennifer Lawson

Not pictured: Wilma Burdis, Ryann Epley, and Cassi Williams



New Member Profile: Anna Marie Carr

Hometown: Winston-Salem, North Carolina

College: Studied French and African Studies at Wake Forest University

Employment: Development Manager with JDRF (formerly known as Juvenile Diabetes Research Foundation)

Current involvement in community activities: Substitute dance teacher at Academy of Dance Arts, dabbles in floral design with Amy Lynne Originals, volunteers with the Social Ministry at Augsburg Lutheran Church, volunteers with Habitat for Humanity, SECU Family House, and several other organizations

Reason for joining the JLWS: I have always admired the JLWS's presence in the community and I am looking forward to meeting new people and getting more involved in the Winston-Salem community

Hobbies or other interests: Nonprofit management, dance, cooking and my dog



New Member Profile: Jennifer deGuzman

Hometown: Winston-Salem, North Carolina

College: University of North Carolina-Wilmington

Employment: National Consultant for Chi Omega Fraternity

Current involvement in community activities: Habitat Young Professionals and Baptist Hospital

Reason for joining the JLWS: To connect with women around the Winston-Salem community and to be exposed to volunteer opportunities that truly make a difference

Hobbies or other interests: Traveling, HGTV, Saturday Night Live, my dogs, and taking group exercise classes (I used to be an instructor-kickboxing is my favorite!)

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TRUCK & TREAT
Children's Museum of Winston-Salem
Sunday, October 28th
1—5 p.m.

Explore more than 25 exciting vehicles
Trick-or-treat for novelties and candy
Enjoy music, fun activities and crafts
Halloween costumes are encouraged!

\$5/person (CMWS member & nonmembers)
museum admission included





Handling Migraine Headaches

Is there really a way to lessen the pain?

It starts the same way, every time. Maybe it's a slight throb on one side your head or a twinge of pain behind your eyes. However it begins, a severe headache or migraine can produce intense pain, debilitating a person in just a matter of hours.

"Headaches happen when your brain stem gets irritated and, as a result, sends pain-producing inflammatory signals around the nerves and blood vessels of the head," explains Christine Hagen, MD, a neurologist with the Headache Center of Winston Neurology.

According to the World Health Organization, up to 18 percent of women and up to eight percent of men in the United States experience severe headaches and migraines on a regular basis.

A migraine is defined as a type of headache, usually felt on one side of head, that can include moderate to severe pain, a throbbing sensation, nausea and sensitivity to light and sound. "Migraine brains tend to be hyper-excitabile," says Dr. Hagen. "These people are very aware of their surroundings and can be extremely sensitive to changes in their environment, such as when the barometric pressure drops and it's about to rain."

KNOW YOUR TRIGGERS - AND YOUR GENES

Triggers can range from not getting a good night's sleep to eating certain foods, smelling chemicals in a perfume, or a change in the weather. "Many patients look for a defined cause to their headaches, thinking once they identify the cause and learn to avoid it, they'll be cured. While we recommend managing triggers, the real cause may be genetic," says Dr. Hagen. Most migraine sufferers have a family history of headaches, and researchers are now working to identify a specific gene that may make you more susceptible to migraines.

Studies have also looked at why migraines are more common in women than men and believe one reason may be that the headaches are hormonally based, coinciding with the rise and fall of estrogen levels during a woman's menstrual cycle.

DON'T OVERMEDICATE

When you're in the throes of a migraine, you'll do anything for relief. But doctors warn that the overuse of medications can lead to chronic and more severe headaches. "We sometimes see this with patients who take medications with caffeine. Caffeine can help a headache, but if a person takes these medications often, then stops, they may go through withdrawal from caffeine which can lead to more headaches," explains Dr. Hagen.

Over the counter medications typically don't work well for people with severe headaches and migraines, so doctors often prescribe a class of medicines called Triptans. Studies show the medicines are most effective when taken at the start of a headache.

CURING THE ACHE

There is no cure for headaches, but there are things you can do that may lessen the pain and frequency of them. "One of the most important things to keep your brain happy is to keep a routine schedule," says Dr. Hagen.

She recommends staying healthy through regular sleep patterns, eating regular meals that include fresh foods as opposed to processed goods, and exercising at least five days a week. "Aerobic activity can increase your body's chemicals that not only make you feel good, but that control pain. Exercise also helps combat some headache triggers such as anxiety, poor sleep, stress and weight gain."

Dr. Christine Hagen is a board-certified and fellowship trained neurologist specializing in the treatment of headaches. For more information or to see a headache specialist, call the Headache Center of Winston Neurology at 336-765-5553. The center has locations in Winston-Salem and Kernersville.



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GIRLS NIGHT OUT - Bubbles, Baubles, and Bags

Friday, November 30, 2012

Shopping hours: 6:00 p.m. to 9:00 p.m.

Benton Convention Center | Downtown Winston-Salem

This fun-filled shopping event will kick off Friday night with an incredible Girls Night Out event called, "Bubbles, Baubles, and Bags." This shopping event is NOT one to be missed! There will be a fine jewelry raffle with pieces from Windsor Jewelers, Schiffman's, and more. Do not miss the designer handbag silent auction, including designers such as Marc Jacobs, Louis Vuitton, and Botkier. Listen to carolers sing while merrily sipping champagne. Shop a diverse selection of vendors providing goods, from specialty food items to the perfect holiday decorations. Buy tickets early for \$30.00, purchase four tickets for \$100.00, or purchase tickets at the door for \$35.00. All Bubbles, Baubles and Bags tickets include a weekend long shopping pass. Shopping has never been this much fun!

A Girls Night Out at Boutique



Bubbles, Baubles and Bags • 11.30.2012

Presented by the Junior League of Winston-Salem

SALE WEEKEND

Saturday, December 1, 2012

Shopping hours: 10:00 a.m. to 6:00 p.m.

Sunday, December 2, 2012

Shopping hours: 10:00 a.m. to 5:00 p.m.

Benton Convention Center | Downtown Winston-Salem

Admission price on Saturday and Sunday is \$4.00.

The third annual Boutique shopping extravaganza will include a wide variety of merchants sampling gourmet foods, jewelry, clothing and more. No need to run around town trying for holiday shopping, all are sure to find something for even the most difficult person on their shopping list at Boutique. The Boutique web site is updated regularly with new events for the weekend and vendor information. Please visit www.jlws.org/boutique for more details!



There are still many Boutique volunteer opportunities available.

Please contact boutique@jlws.org to help make this event a great success!



Renew with Rummage



Preparations for the fifty-ninth annual JLWS Rummage Sale are underway. This year, the Rummage Sale committee is focusing not only on offering quality housewares, clothing, book, furniture and electronics to shoppers, but also offering great tips for rummage items to be recycled, reused, refurbished...renewed!

Adding chalkboard paint to an old dinner plate or platter is a great way to create a fun wall accent piece/menu board/to-do list board. Stay tuned throughout the year for more renewal tips!

2013 Rummage Sale

Thursday, April 18, 2013 to Saturday, April 20, 2013

LJVM Coliseum Annex and Education Buildings

Thursday, April 18, 2013

Sustainer Breakfast - 10:00 a.m. to 11:30 a.m.

Preview Party - 6:00 p.m. to 9:00 p.m.

Friday, April 19, 2013

Rummage Sale - 5:30 p.m. to 8:30 p.m.

Saturday, April 20, 2013

Rummage Sale Half Price & Bag Sale

2013 Rummage Sale Work Week

Monday, April 15, 2013 to Wednesday, April 19, 2013

Contact Rummage Sale chair, Erin Moore, with questions regarding the 2013 Rummage Sale at rummagesale@jlws.org. For scheduling conflicts and make up opportunities, please contact Rummage Sale Scheduling chair, Korie Beck, at rsscheduling@jlws.org.

Early Rummage Drop-off Schedule

Have quality rummage that cannot be held on until the sale dates? Please consider using one of the early drop-off dates held at the JLWS storage location, 3800 Reynolda Road (behind Old Town Shopping Center), Winston-Salem. Rummage Sale committee members will be there to receive rummage from 10:00 a.m. to 1:00 p.m. on these Saturdays. Please bring all clothing and linens in plastic garbage bags and all other rummage donations in boxes. See the Rummage Sale page on the JLWS web site for a list of products that JLWS cannot accept for rummage.

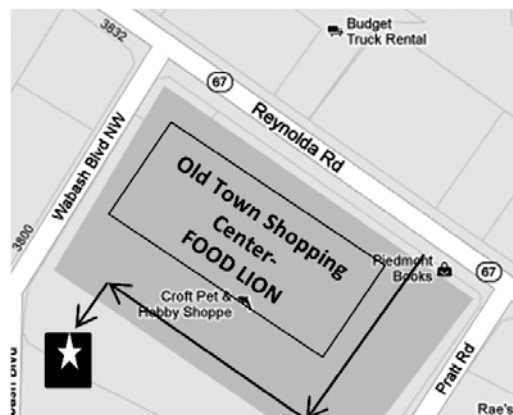
October 20, 2012

February 16, 2013

November 10, 2012 (revised date)

March 16, 2013

January 19, 2013



Thanks to all JLWS members who were able to attend the September Technology Training or the Wellness for Women Training!

Feedback Needed for Possible Training Opportunities

The members of the Volunteer Development committee strive to provide valuable training opportunities to develop leadership and voluntarism among members of the JLWS. Last spring, the committee received requests for trainings on health-related topics. This year, the JLWS is excited to welcome individuals from the Forsyth Medical Center to provide these health trainings. To ensure that these training opportunities are interesting to all, the team would like input from members of the JLWS. The Volunteer Development committee greatly values members' recommendations, and would like to use those ideas to guide planning for future trainings. Please e-mail the committee at volunteerdevelopment@jlws.org with any ideas or suggestions regarding training topics. The members of the Volunteer Development team look forward to receiving these contributions!

Volunteer Training Certificates

This year, the Volunteer Development committee is excited to offer volunteer training certificates. Members who attend three volunteer development trainings throughout the year will receive a certificate of excellence recognizing them for their time and dedication to developing their leadership and volunteer skills. Before each GMM there will be two training opportunities available: one held by the Volunteer Development committee and the other by individuals from Forsyth Medical Center. Both trainings occur from 5:30 p.m. until 6:30 p.m. With more opportunities for training based on a broader array of topics, the members of the Volunteer Development team look forward to seeing even more members attend the sessions and develop their skills as active leaders and informed volunteers in the community.

Public Affairs - Elections

Ninety-two years ago, the Nineteenth Amendment to the United States Constitution was passed, granting women the right to vote, following a delay of nearly a century and a half after the founding of our country. On Tuesday, November 6, 2012 exercise this hard earned right to vote by participating in the election.

Register to Vote: The voter registration deadline is October 12, 2012 (25 days prior to Election Day). To check status call the Forsyth County Board of Elections at (336) 703-2800 or check online at <http://www.co.forsyth.nc.us/elections/default.aspx>

Address Change: Do not wait to change address with the Board of Elections. Call (336) 703-2800 today.

Early Voting: One-stop, absentee, and early voting start on the third Thursday, October 18, 2012 prior to Election Day and ends on the last Saturday, November 3, 2012 before the election.

Election Day: On Tuesday, November 6, 2012, polls open at 6:30 a.m. and closes at 7:30 p.m. Vote for president, governor, and county commissioners among others.

Location: Where to vote is printed on the voter registration card.

Remember the women and men who battled for more than thirty five years to allow women the right to vote! Cast a ballot in Election 2012!



Sustainers

Calling All Sustainers!

Don't miss the upcoming Fall "Sip, Sandwiches, and Socialize" Event

Monday, October 22, 2012

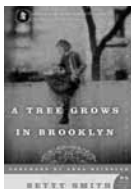
11:00 a.m. to 1:00 p.m.

at the home of Colleen Friedman

Last year, to accommodate Sustainers' increasingly busy schedules, the event formerly known as the Sustainer Coffee was transitioned to a very successful luncheon event called "Sip, Sandwiches, and Socialize." This year's Sustainer Social committee, led by Stacy Owen and Julie Williams, is planning another fun filled event for Sustainers to re-connect with old friends, make new ones, and learn a little about what is planned for the year ahead (including plans for the 90th Gala celebration and the work of the 100th Anniversary Ad Hoc committee).

Sustainer Evening Book Club

2012- 2013 Book Selections



November 13, 2012

(at the home of Gretchen Wells)

A Tree Grows in Brooklyn

Betty Smith (Classic)

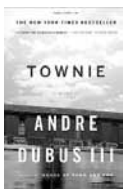


January 8, 2013

(at the home of Nilla Childs)

Goliath

Susan Woodring (novel by North Carolina author)



March 12, 2013

(Location TBD)

Townie: A Memoir

Andre Dubus III (autobiography)



May 14, 2013

(Location TBD)

Stone Arabia

Dana Spiotta (novel)



Save the Date!

Sustainer Holiday Luncheon

Monday, December 10, 2012

11:30 a.m. to 1:00 p.m.

at 1703 Restaurant

Please join fellow Sustainers for a wonderful holiday tradition! What a great way to escape the "busyness" of the Holiday season and enjoy a delicious lunch with great friends. Invitations for both events will be arriving in mailboxes soon! Please contact headquarters@jlws.org for more information.



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90th JLWS Year Kickoff Picnic



Noteworthy



Junior League Transitions

Transfers to Winston-Salem:

Virginia Ewing (Sustainer)
Eastern Fairfield County, Connecticut

Jonna Yarbrough (Sustainer)
Greensboro, North Carolina

Transfers from Winston-Salem:

Mary Andrews (Active)
Raleigh, North Carolina

Mary Katherine Crane (Active)
Raleigh, North Carolina

Betty Dominick (Sustainer)
Princeton, New Jersey

Elizabeth Hubbard Kleiner (New Member)
Boca Raton, Florida

Mollie McInnis (Active)
Columbia, South Carolina

Amy Miller (Active)
Lake Charles, Louisiana



Member Milestones

Active member **Heather Angell** won her first professional golfing tournament, the Ohio Women's Open 2012, on August 7, 2012.

Sustainer **Beth Baldwin's** writings contributed to the book, "Farther Along: The Writing Journey of Thirteen Bereaved Mothers" which was published in August 2012.

Sustainer and Past President **Anne Copenhaver** is currently serving as board chair of The North Carolina Arboretum.

Active member **Sarah Holthouser** was recently named to the board of directors for Samaritan Ministries.



Volunteers of Distinction

Active member **Stephanie Moser** for going above and beyond in her role as Assistant Finance vice president on the Board of Directors this summer

All the JLWS members who are double placing this year

Sustainer **Ran Bell** for her legal review and wise counsel with JLWS contracts

Active members **Amy Collins**, **Amanda Cox**, and **Katie Neal** who were recognized as DIP award winners at the September GMM for their work towards advancing the JLWS mission.



Little Junior Leaguers

Emma Kate Donley
August 1, 2012
Amy Elizabeth and Ryan Donley

Tyler Grayson Donley
August 2, 2012
Maggie and Josh Donley



Engagements

Dianne Conley to **Michael Del Bueno**
June 3, 2012

Kelly Meachum to **Jacob McConnico**
August 31, 2012

Heather Jenkins to **John Shilt**
September 15, 2012



Marriages

Mary Ellen Yarbrough
and **Scott Elliott**
July 14, 2012



In Memoriam

Tommy Weeks
Father of Sherrie Weeks Fain
August 24, 2012

"Who's bringing the snacks next week?"
(Who would have thought your parents would have this much fun?)

Coming soon!
Two new hospitals
within 2 miles.

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Be on the lookout for the newly designed JLWS web site coming soon! At the time that this edition of the *Informer* was headed to print, Digital Cheetah designers were busily putting the final touches on the web site. When complete, members will find a refreshed, aesthetically pleasing, and easily navigable resource for all things JLWS! Questions? Please contact technology@jlws.org.

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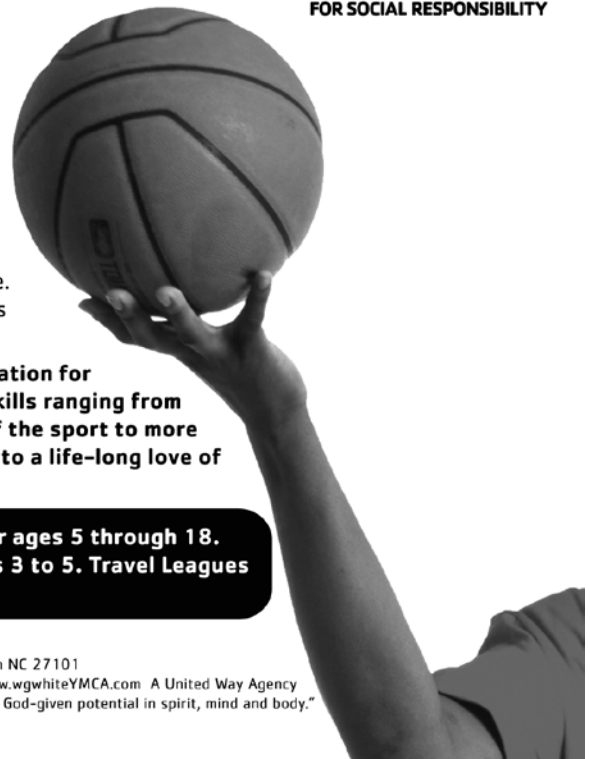


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