



## It's the most wonderful time of the year!

The sixth annual Boutique shopping event will take place Friday, November 20 and Saturday, November 21 in the Grand Ballroom at the Embassy Suites/Benton Convention Center in downtown Winston-Salem. The lineup of vendors for shopping at this year's Boutique offers a wide variety of unique items from vendors local and afar, suiting any budget and gift style needed for your shopping ease. No need to run around town to do shopping or wake up early for Black Friday. Boutique has something for everyone from specialty food, jewelry, bath products, holiday decorations, clothing and so much more. Boutique will offer attendees a full day of shopping on Saturday, as well as kids' activities and a visit with Santa. Come kick off the holiday season at Boutique and shop 'til you drop, all while supporting the JLWS and the Winston-Salem community.

### Calling All Volunteers

Deck the halls for Boutique! We will have our second annual decorating party on Wednesday, November 18 at 6 p.m. and we need volunteers. Join us for a casual evening of decorating trees, wrapping gifts and enjoying some holiday music. Pizza will be provided. Bring your favorite drink, wear comfortable clothes and come enjoy the camaraderie of League actives, sustainers and new members.

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### January General Membership Meeting

**Monday, January 25, 2016**

(Voting Meeting)

Novant Health: Forsyth Medical Center  
Conference Center  
(Free Parking in Visitor's Parking Deck)

5:30 p.m. - Training Workshop

6:30 p.m. - Social

7:00 p.m. - Membership Meeting

### Junior League of Winston-Salem, Inc.

390 South Liberty Street, Suite 100  
Winston-Salem, North Carolina 27101

**Phone:** (336) 722-9681

**Fax:** (336) 721-1051

**E-mail:** headquarters@jlws.org

**Web:** www.jlws.org

**Hours:** 9:00 a.m.-2:00 p.m., Tuesday-Thursday

## Boutique: A Shopping Event

### Sustainer Hour: Shopping Event

Friday, November 20, 2015

6 p.m.-7 p.m. for Sustainers

### 'Twas the Night Before Boutique

Friday, November 20, 2015

7 p.m.-10 p.m.

\$30 or 4 tickets for \$100

(prior to event), \$35 at the door

### Shopping Day

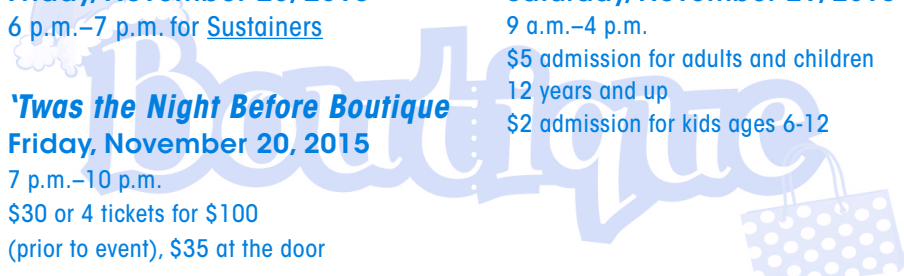
Saturday, November 21, 2015

9 a.m.-4 p.m.

\$5 admission for adults and children

12 years and up

\$2 admission for kids ages 6-12



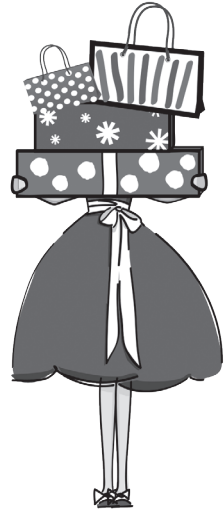
## A Girls' Night Out at Boutique

Don't miss the Boutique Girls' Night Out event: 'Twas the Night Before Boutique!

Building on the success of the previous year's Girls' Night Out events, there will be a silent auction offering a variety of items from jewelry to clothes to photography packages to gift baskets. Let the bidding begin because this auction offers something for everyone on your holiday list. This will be our second year of having a holiday dessert showcase, featuring specialty desserts from local bakeries and restaurants.

Girls' Night Out has also teamed up with BookWORM to raise awareness about literacy in Forsyth County and to collect donated books. Shoppers can bring children's books to donate and will be entered

*'Twas the Night Before Boutique*



*Girls Night Out ~ 11.20.15*

*Presented by the Junior League of Winston-Salem*

into a raffle for a chance to win a fabulous prize that evening.

Grab your girlfriends, take advantage of the special four pack ticket pricing, and start the holiday season in style at 'Twas the Night Before Boutique! Ticket price includes wine/champagne, mini desserts, access to the silent auction and of course tons of shopping! All Girls' Night Out tickets purchased will include one free ticket to return to Boutique on Saturday to finish shopping.

*Please be sure to visit the JLWS Facebook page and "like" our event for many updates prior to the event. For more information and to purchase tickets please visit [www.jlws.org/boutique](http://www.jlws.org/boutique).*



### "'Tis the Season..."

It is hard to believe that we are fully into the fall season. Pumpkins have been on the porch and a turkey will be on tables soon. And the Junior League of Winston-Salem has been in full swing! Our first General Membership Meeting in September allowed us the opportunity to hear from an AJLI representative and better understand how we all fit into the larger picture. The fall book drive for BookWORM has once again been a great success with our community partners loving the opportunities they have to place

books in children's hands who may otherwise not have the chance. And don't forget, our sixth annual Boutique is right around the corner.

Our theme this year, *Our Strength Within*, reminds all of us what together we can do. Whether you are a New Member, an Active or a Sustainer, we all have talents we bring to the table and using them in a way that not only enhances your own experience but sharing them with others and the community around you enriches the lives of so many. As we continue through the year remind yourself why you joined the Junior League of Winston-Salem and how you too can become a more engaged, educated member. As committed this year we have enhanced our training and leadership development opportunities. Use this as an opportunity to learn something new, share your talent with others or just deepen your own knowledge. As it was stated at the GMM, this is a place to learn and grow in a safe environment, so why not try!

*Our Strength Within* also encourages all of us to participate and support the events our members spend so much time preparing for. BookWORM will soon be preparing for the Spring Drive. Remember this is the chance you have to share with your neighbors the great work and impact we have in our community.

Get ready for the holidays because Boutique is here! The committee has been spending countless hours preparing for what we all know will be a success. I hope you will join me at the Girls' Night Out where this year the theme will be "'Twas the Night Before Boutique," reinforcing our literacy efforts. Bring your mom, sisters and girlfriends to shop, chat and enjoy a treat. Saturday will once again be all day shopping and bring the kids because we will have events for them and don't forget your camera – Santa will be there too. The Junior League of Winston-Salem would not be able to support the community in the many ways we do if it were not for our fundraising events, so thank you all for your support.

As the holiday season is now upon us please take some time to enjoy. The holidays, while a wonderful time to celebrate with family and friends, can also be a time of chaos and stress. It is truly my honor to be part of such a wonderful organization with 800 amazing women and I thank you all for your time, talents and treasures you continue to give to the Junior League of Winston-Salem. I wish you and your families a wonderful holiday season and a very happy New Year.

Best Wishes

*Stephanie*

The Junior League of Winston-Salem is an organization of women committed to promoting voluntarism, developing the potential of women and improving the community through the effective action and leadership of trained volunteers. Its purpose is exclusively educational and charitable.

### 2014-2015 Board of Directors

- Stephanie Moser:** President
- Katy Ringeman:** President-Elect
- Carrie Vickery:** Administrative Vice President
- Amy Shively:** Strategic Planning Chair
- Parker Tegeler:** Communications Vice President
- Lindsay Stanley:** Assistant Communications Vice President
- Kristin Chambers:** Community Vice President
- Charmon Baker:** Assistant Community Vice President
- Kate Reece:** Finance Vice President
- Susan Colon:** Assistant Finance Vice President
- Carrie Hileman:** Membership Vice President
- Amanda Marshall:** Assistant Membership Vice President
- Heather Wilson:** Nominating Chair
- Jen DeGuzman:** Volunteer Development Chair
- Kristin Kelly:** Member-at-Large
- Heather Mackey:** Sustainer Vice President
- Allison Reaves:** Sustainer Vice President

### Headquarters Staff

**Nancy Morris:** Administrative Assistant

The *Informer* is published four times a year in September, November, February and May by Junior League of Winston-Salem, Inc. The *Informer* accepts advertising.

For more information, visit [www.jlws.org/informer](http://www.jlws.org/informer)

### 2014-2015 Informer Staff

- Elizabeth Richardson
- Eleanor-Scott Davis
- Parker Tegeler
- Lindsay Stanley



## Sustainer Shopping Hour and Girls' Night Out

The sixth annual JLWS **Boutique Holiday Market** will be held Friday, November 20 and Saturday, November 21 at the Benton Convention Center in downtown Winston-Salem.

Sustainers are invited to preview the specialty merchants and unique gift items at the **Sustainer Shopping Hour** on Friday from 6 to 7 p.m. Come out and enjoy early access to all the amazing vendors and stay for **Girls Night Out** from 7 to 10 p.m. Tickets are \$30 (or 4 for \$100) in advance, or \$35 at the door, and include admission to both Friday evening events and **All Day Shopping** (9 a.m.-4 p.m.) on Saturday. To purchase a ticket, visit the [jlws.org](http://jlws.org) website and click Support Us>Fundraisers>Boutique.

## September Board Brief

The JLWS Board of Directors met on September 14, 2015:

- Amy Shively presented an updated Annual Plan and Strategic Plan to take the JLWS through the next several years which was approved.
- Katy Ringeman, President-Elect, provided reports from the Management Team meeting, including details on the fall *Informer*, new T-shirts for members at the September GMM and updated sponsorship packages.
- The Junior League is hiring for an administrative position at headquarters.
- Stephanie Moser, President, and Kristin Chambers, Community vice president, attended the AJLI conference in New Orleans where they learned how to better promote the JLWS in a variety of facets.
- The Board discussed preparations for October Town Halls, which members will soon be able to sign up for on Digital Cheetah.
- Carrie Vickery presented a motion to reinstate two members, which was unanimously approved.



### Eat, Drink & Be Merry!

Ring in the holiday season with yuletide fun at the JLWS annual holiday party!

Join League Linkers and the Board of Directors at the Brookberry Farm Clubhouse on **December 7th** at 7 p.m. for appetizers and drinks. Significant others are welcome to join in the revelry!

**RSVP on Digital Cheetah.**

## LEAGUE LINKERS

League Linkers' first event of the year was a fundraiser at Schiffman's on October 20 for the Junior League of Winston-Salem. Thanks to those of you who planned and attended the event, as well as Schiffman's and Salisbury Pewter for hosting. It would not have been a success without each of your contributions! Be sure to read the E-Weekly for upcoming League Linkers events for exciting ways to connect with other members of the Junior League!



## Ask Your Member-at-Large

Kristin Kelly

### Question:

I'm interested in holding a leadership position next year within the League, who should I contact about my interest?

### Answer:

Great question! Our leadership positions are filled through the Nominating Committee. The Nominating Committee is comprised of the Nominating Chair and six other active members (four members, with two to six years of experience in the league and two members with seven or more years of experience in the league). The first thing that you should do if you are interested in a nominated position is to fill out the interest form. These interest forms are located by going to Digital Cheetah at [www.jlws.org](http://www.jlws.org) and clicking on the "Publications" tab. Under "Board of Directors/Headquarters Forms and Documents," you will see a hyperlink for 2016/2017 Leadership Form. This form will allow you to fill out your desired position and to list your skills and experience within the Junior League of Winston-Salem and outside the league.

The Nominating Committee meets on a regular basis to review the applications and throughout the fall will be working on filling the leadership positions for the 2016-2017 year.

If you were at the September GMM, there were handouts on your table about the nominating process and also a list of nominated positions. If you have questions about the handouts or would like more information about a specific position, feel free to contact Heather Wilson at [nominating@jlws.org](mailto:nominating@jlws.org).

## Meet an Active Member

### Mollie Mayse

**Hometown:** Clemmons, North Carolina

**Family:** Matthew (husband), Harrison (7), Michael (5), William (1)

**Profession:** School Psychologist for Davie County Schools

**Hobbies:** Walking with neighbors and spending time on the water at the lake and at the beach

**Years in the JLWS and Current Placement:** Nine years, Long Range Planning

**Reason for Joining the JLWS:** After being away at college, the League provided me with a way to reconnect with childhood friends through volunteerism in our hometown.

**Favorite Placement:** My Aunt's House at the Children's Home

**Fondest JLWS Memory:** Holding a teen mom's new baby while sharing survival tips regarding sleep deprivation, nursing, etc. with the new mom.

**Favorite Quote:** "We are each a part of all that surrounds us, connected by the vast miracle of life itself." – *Flavia Weedn*



## Social Media Around the League



The Junior League of Winston-Salem's social media accounts have been all a-"Twitter" this year!

Be sure to follow the JLWS on Twitter, Instagram and Facebook for reminders about League events like General Membership meetings and League Linkers, behind-the-scenes scoop about the happenings at committee meetings, and check out the Boutique Facebook event for daily highlights of our many Boutique vendors.

A favorite is our **#newmembermonday** posts highlighting the members of the 2015-2016 provisional class.

Recently the Marketing and PR and Boutique teams got together to work on some flyers over pizza and a rowdy discussion of reality television!

### Social Media Hashtag Contest

The results of the hashtag contest are in. When you post about your JLWS activities or just when you get together for a social night with your JLWS friends, be sure to tag Junior League of Winston-Salem and use the hashtag **#WomenBuildingABetterWS!**

Congratulations to **Heather Wilson** for the winning entry!

## Annual Fund

Last year, the efforts of the women of The Junior League of Winston Salem went above and beyond what could have been imagined by the 40 founding members 92 years ago. Among the major accomplishments, the women of The Junior League donated over 12,800 hours of their time and energy to community projects. These hours resulted in the collection of 5,800 books for The Junior League's community partners to shop and over 360 hours were dedicated to the production of The Child Abuse Puppet Show for third graders across Forsyth County. Thank you and congratulations to all the wonderful women that made these programs possible. What a privilege it is for each of us - all civic minded women dedicated to the improvement and advancement of our hometown and community - to be members of such an outstanding organization.

Each year, as members of The Junior League, we must weigh all of the demands on our time and energy and understand the commitment we are making to building a better Winston-Salem. However, we must also remember that we have an additional responsibility to The Junior League and to our fellow members: One of the most critical ways for us to fulfill our responsibilities is to contribute to the Annual Fund each year. As with any organization, The Junior League requires financial resources to aid the success of each of its community projects.

At the GMM on September 28, we listened to how recent decisions have significantly improved the financial standing of The Junior League. Each of us has the opportunity to continue the momentum of these decisions by deciding to donate to the Annual Fund. Your decision to contribute to

the Annual Fund will not only ensure the success of our programs, but also encourage sponsorships and support from local partners by showing our peers how well engaged and committed the membership is in the success of The Junior League. As we kickoff this year's theme of *"Strength from Within,"* The Junior League of Winston Salem strongly encourages each of its members to contribute to The Annual Fund in any amount you see fit this year. Please join me today in donating to the Annual Fund and ensure the future strength of The Junior League of Winston-Salem.

Donations to The Annual Fund can be made by check sent directly to The JLWS Headquarters at 390 South Liberty Street, Suite 100, Winston Salem, NC, 27101 or via The Junior League's website at [www.jlws.org](http://www.jlws.org).



## A HEALTHY START

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Saturday: 9 am - Noon (by appointment only)

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**336-716-WAKE (9253)**

[WakeHealth.edu/Primary-Care](http://WakeHealth.edu/Primary-Care)

\*NC Baptist Hospital Clinics

 **Wake Forest®**  
Baptist Health  
Brenner Children's Hospital



**TOUR OF FINE SPACES**  
**Saturday, March 19, 2016**  
**10 a.m. to 4 p.m.**

The **11th annual Tour of Fine Spaces** will feature homes throughout Winston-Salem. Local builders, interior designers, cabinet makers, flooring/tiling specialists, cabinet makers, and architects come together for this unprecedented showcase featuring contemporary and traditional styles. Enjoy savory and delectable culinary samplings from local caterers, restaurants and bakeries while witnessing the beautiful craftsmanship. More information coming soon.

## Brenner FIT – Family Meals Made Easy



The Junior League of Winston-Salem is proud to have seven committed Junior League Members working with the Brenner FIT – Family Meals Made Easy program throughout the 2015-2016 league year. Wake Forest Baptist Brenner Children’s Hospital offers a Brenner FIT Program which is a family-centered program focused on pediatric obesity. JLWS committee members are proud supporters of this amazing program by volunteering hours committed to teaching hands-on cooking classes to families with obese children.

In groups that range from two to three women, the members on this committee teach classes which focus on helping families prepare easy and healthy meals. The first part of the evening is spent washing vegetables and preparing each station with supplies. Once families arrive, the class begins by discussing the

importance of a balanced plate. Committee members then assist with preparing the evening’s recipe together. Once families are finished preparing the recipe they eat together as a family. The Brenner FIT - FMME Committee Chair, Kristen Tufts stated that her favorite part of this placement is meeting the families, as each is unique. She also enjoys seeing the participants excited and willing to try “new to them” vegetables like purple cauliflower and edamame.

If there are any JLWS League Members who would like to support this fantastic community placement with one-off opportunities, please contact Community VP, Kristin Chambers, Community AVP, Charmon Baker or the Brenner FIT - FMME Committee Chair, Kristen Tufts for more information.

*“The partnership between Brenner FIT and Junior League of Winston-Salem had another successful year last year! Junior League taught close to 20 Family Meals Made Easy (FMME) classes with a total reach of almost 300 children and adults. Families always said that they enjoyed the Family Meals Made Easy class and quite a few went home to repeat the recipe for dinner another night! Brenner FIT is thankful for the opportunity to provide this cooking class with the help of Junior League volunteers. We look forward to another great year!”*

*– Katherine Maxey, Wake Forest Baptist Volunteer Coordinator for Brenner FIT FMME*

## Welcome, New Members!

The JLWS has kicked off the year with a group of 62 new members and nine mentors. Mentors hosted small group gatherings this summer, and on Saturday, September 12, the New Member class attended the New Member seminar at Forsyth Country Club. In addition to receiving an introduction to the JLWS, its leaders and learning about its legacy in the community, New Members participated in their first volunteer activity, benefitting the Children’s Museum of Winston Salem.

On October 19, the New Member class began working on the BookWORM project via our partners at Goodwill Industries. Goodwill provided books, which the New Members sorted to find books suitable for BookWORM. In support of and with gratitude for Goodwill for their partnership with the Junior League, the New Member class donated business related clothing items to Success Outfitters.

Success Outfitters is a Goodwill career training program which clothes participants for interviews and work. The New Member class will continue to positively impact Winston-Salem throughout the year by engaging in volunteer activities for various community partners at each of their New Member meetings.

The New Member class is filled with many incredible and talented women who have made a commitment to serving our community. We look forward to seeing the New Members share their many talents and skills with the League over their provisional year.

### Meet the New Members!

Throughout the 2015-2016 year, new member groups and their mentors will be highlighted.

Welcome a new member to the Junior League of Winston-Salem next time you see them!

# Forsyth Country Day School

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### New Member Group Spotlight: The Mindful Minglers



The Mindful Minglers kicked off their provisional year August 19, 2015 at the Old Fourth Street Filling Station for a combined social with another New Member Group. It was a perfect evening on the patio and a great opportunity to meet their small group as well as some of the New Member class at large. Their next activity, the New Member seminar, fell on September 12, which we learned is Mindfulness Day. The idea of being mindful - choosing to be present and engaged in every moment - has really resonated with this group of busy, accomplished women as they begin their journey with the Junior League. A mix of native North Carolinians and others new to the area, the Mindful Minglers are excited to learn more about the JLWS, give back to their community, and make new friends.

### Mentor: Carissa Hanson



Carissa Hanson was born and raised in Charleston, South Carolina. She and her husband Adam moved to Winston-Salem in 2009 to attend Wake Forest’s graduate schools in law and business, and they loved living here so much that they decided to stay after graduation. They have a three-year-old daughter, Margo, and a baby boy due in December, 2015. Carissa is Associate Counsel for Wake Forest Baptist Medical Center, providing legal advice regarding healthcare, education and research. She is grateful to be able to work for an institution that helps so many people every day, and proud to be a member of the Junior League where she can carry out the same commitment to caring and community. Carissa is thrilled to mentor the Mindful Minglers and to continue to learn more about JLWS alongside such inspiring women.

### New Member Group Spotlight: Awesome Blossoms



The Awesome Blossoms bonded instantly after meeting each other at their first New Member social at Sixth and Vine under the gazebo on August 23. It was as if the women had known each other for years. Since attending the New Member seminar where they learned about the ins and outs of being a successful member in the JLWS, they have since had an outing at Diamondback Grill, Edward McKay to buy books for BOOKWORM and attended the GMM together. They look forward to having a pumpkin carving gathering soon. They enjoy their time of fun and fellowship together. All the women are excited to become more engaged and plugged in to Winston-Salem and serve their community more through the Junior League of Winston-Salem. *“Flowers are like friends, they bring color to your world.”*

### Mentor: Laura Barnhardt “LB”



Laura Barnhardt was born and raised in Winston-Salem. She graduated with a degree in Elementary Education from Appalachian State University in 2010. She came back to Winston-Salem after college. Laura is 3rd grade teacher at Caleb’s Creek Elementary School in Kernersville. Her passion is teaching and the outdoors. She teaches her third graders during the school year and during the summer she volunteers with the National Park Service as a Park Ranger. She teaches others about history, nature and the wonderful land of this country. She has volunteered at Mt. Rainier National Park in Washington and spent the this past summer at Sitka National Historical Park in Sitka, Alaska

(Yes, the movie The Proposal was based off the town.)

Laura joined the Junior League of Winston-Salem in order to surround herself with women who had the same passion of serving and teaching others as she does. She enjoyed volunteering at Tour of Fine Spaces last year and other New Member volunteer opportunities. Laura took on this teaching experience one step further and became a New Member Mentor during her first Active year. She is excited to help the Awesome Blossoms immerse themselves in the JLWS and make their experience the best it can be.

### New Member Group Spotlight: The Real Housewives of Ardmore



The Real Housewives of Ardmore is compiled of native North Carolina girls as well as a few from across the country. When the group met for the first time August 24, at Foothills Brewery everyone instantly hit it off; between their love of wine, cooking and outdoor activities, the group quickly realized they would get along well. While they have a lot in common, the strength in the group is the differences that help them get perspective from all aspects of life. The RHOA are incredibly excited to learn more about what the Junior League of Winston-Salem has to offer not only themselves but also to learn how they will get to serve their community during their New Member year.

### Mentor: Laurel Buckingham



Laurel Buckingham is a transplant to Winston-Salem from Alabama. She graduated from the University of Alabama where she achieved an undergraduate degree in Business Management in 2011 as well as her MBA in Human Resources in 2013. A job opening in Pharmaceutical Sales brought her from Charleston, South Carolina to Winston-Salem in 2014 and she can’t imagine living anywhere else. The ability to help patients by providing life-saving medicine motivates her on a daily basis.

Coming from a background of service in her local community in addition to serving on the Philanthropy committee in her sorority in college, Laurel joined the Junior League of Winston-Salem to further her ability to serve and meet other women with the same passions. The Junior League of Winston-Salem has not only served as an outlet for her philanthropy ambitions but she also met some of her best friends within her New Member group last year. Having the ability to help other women looking for the same experience drove her to become a New Member Mentor during her first active year. Laurel is excited to help her group, The Real Housewives of Ardmore, in this journey as they learn more about the extraordinary opportunities that the League will offer them in following year.

### September Pre-GMM Training Summary

The Volunteer Development Committee has hit the ground running this fall. The kick off to the year was the September pre-GMM training, facilitated by guest speaker Michelle Roehm. The discussion was on a theme we all strive to attain: work/life balance. The training recognized the battle most women experience of “having it all” and performing 100% at all of the roles we play in our lives.

The session kicked off with a self-reflection exercise. We were asked to identify our top 5 areas of focus (ex: work, family, friends, volunteering, health/wellness) and then measure the amount of time currently being spent on each (too much, just right, too little). The graphs helped us realize that our priorities change throughout our life and that consistent reflection is necessary to make sure we are spending our time the way we want.

Roehm provided attendees with three big pieces of advice relating to work/life balance:

#### 1. Integration versus designation

- a. It is important to decide whether you like to integrate your work with everything else (ex: do you enjoy working from home so that you can have your family there while you are on a call, while also doing laundry, and emailing your JLWS committee members?) or do you prefer designation (ex: focusing solely on work in the office, then coming home to spend time with your family and then devoting 30 minutes to do JLWS emails). Of course, it’s possible to prefer a combination of integration and designation, but once you’ve figured out your style, seek out a mentor with a similar work/life preference.

#### 2. Sharpie Method

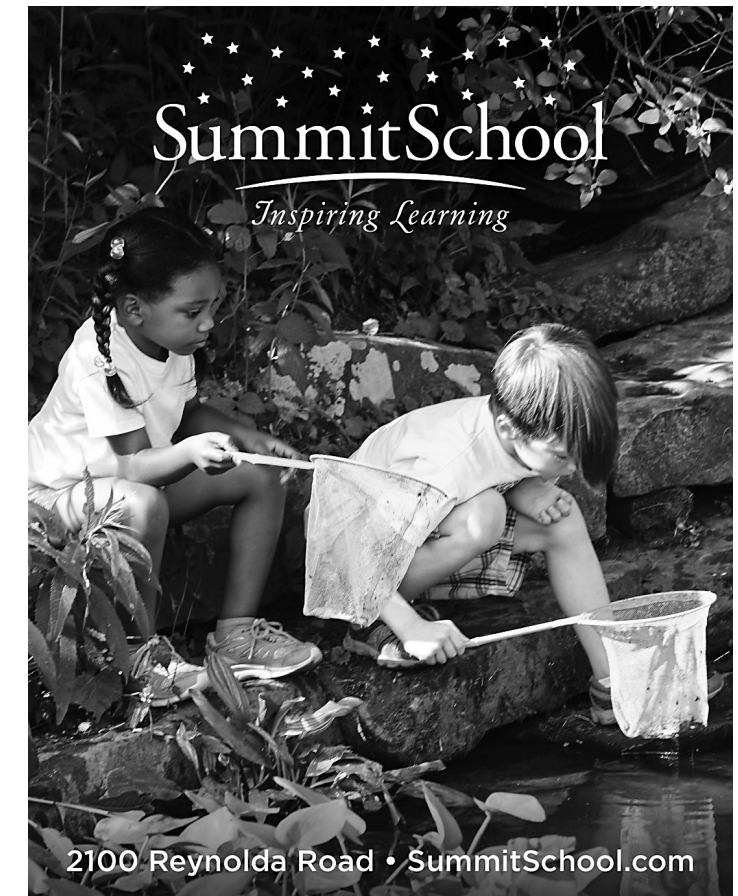
- a. For big events on your calendar (such as a family reunion), take your favorite color sharpie, mark out those days on your calendar to take off work/set aside, and then add a day to the beginning and the end of the event. Roehm swears that this method has assisted her in leaving a realistic amount of time to pack and prep for while also reorganize and recharge after big events.

#### 3. Learn how to say ‘no’ and practice!!

Roehm is an advocate of never apologizing when saying ‘no’. Instead, follow the example below (she admitted to sometimes practicing out loud in her car):

- a. When someone asks you to attend an event, chair a committee, or take on another project at work, always give yourself for some time to think about it-never provide a quick answer that you will later regret!
- b. If you decide to say no, a simple response will suffice:
  - i. Thank you for inviting me to your party-I am flattered!
  - ii. But I cannot accept at this time.

The Volunteer Development Committee was thrilled to have one of our own sustainers facilitate this training and we look forward to the next one in January, which will continue on our with our theme surrounding health/wellness.



## “Women in Leadership”

The Volunteer Development Committee hosted the Leadership Training event which was held on October 6 at Summit School. All current leaders in the JLWS were invited, including those in the Sustainer Council, and a panel discussion occurred surrounding the night’s theme of “Women in Leadership”.

The committee selected 3 non-league women in our community to sit on the panel: Devon MacKay (left), Alison Ashe-Card (center), and Julia Toone (right). Devon MacKay currently serves as the Director of Major Gifts at The Arts Council. Alison Ashe-Card works at Wake Forest University’s School of Law and has a variety of experience both in the community and in the legal

world. Julia Toone serves as both the Executive Director of Family Services in Davidson County and the Board



President of the Forsyth Humane Society. The span of experience, including both professional and volunteer work, provided unique perspectives for the dinner’s attendees. The panel discussed topics such as challenges in the workplace, advice

on how to succeed as women, and the best ways to take on a new leadership position.

First Year Active member, Allison Lyerly, said that “it was a privilege to be among three amazing female leaders! I walked away with a renewed dedication to make an impact in the community where I live, work and play.”

It seemed that everyone walked away with a new perspective or piece of advice from the insightful panelists.

If you want to hear more about our events or have suggestions about future speakers/trainings/panelists, let us know at [volunteerdevelopment@jlws.org](mailto:volunteerdevelopment@jlws.org). Our committee looks forward to more exciting training opportunities and hope you do too!

**LAST MONTH’S ISSUE** of *The Informer* highlighted the development of the Sustainer Council and profiled its leaders, Heather Mackey and Allison Reaves. In this issue, read about the other council members and how they became interested and involved in this new effort.

### Lisa Aff

Community Chair



**Married** to Eric, children are Avery (21) and Claire (15)

**Employment:** Executive Administrator, Amos Cottage, Inc.

**Joined the Junior League** in 1996 in Bristol, TN, transferred to JL Lynchburg in 1998 (served as President), transferred to JLWS in 2004

**Favorite Placement:** Reading at Easton. We did a great reading fair with games and prizes; it was so much fun! I also enjoyed working on the Rummage Sale.

**Quote:** “What I hope to contribute as a Sustainer Council member: I hope we can provide great opportunities for our Sustainers to participate in, from special opportunities like ‘Done In A Day’ and ‘Lunch & Learn;’ I would love to find engaging ways to honor the Sustaining members of the JLWS.”

### Stacy Owen

Membership Chair



**Married** to John, son Aaron (1). JLWS member since 2003, transfer from Greensboro

**Employment:** Executive Director, Master of Science in Accountancy Program, Wake Forest University

**Favorite Placement:** VP of Membership on the 2007-08 board. Never have I felt so connected to the League, its mission, and its members.

**Quote:** “What I hope to contribute as a Sustainer Council Member: I hope to inspire other sustainers to re-engage with the League and offer opportunities that help them remember why they joined to start with!”

### Sarah Dalrymple

Communications Chair



**Married** to Tom, children are Katie (16) and Bo (13), JLWS member since 1998

**Employment:** Director of Alumni and Parent Engagement, Summit School

**Favorite Placement:** Inaugural Tour of Fine Kitchens (now called Tour of Fine Spaces). How fun to be involved in the early stages of a fundraiser

which has evolved and developed.

**Quote:** “What I hope to contribute as a Sustainer Council member: I hope that Sustainers of all ages will be encouraged by the efforts of this council, each Sustainer expects a different experience from JLWS and my hope is that we can meet all of those expectations by offering a variety of events - social, community and training.”

### Jill Rhoades

Finance Chair



**Married** to Terry, step-daughter Athene (24), son Charlie (17), daughters Ashley (16) and Rachel (14), member since 1996

**Employment:** Manufacturing and Safety Engineer, Blue Rhino

**Favorite Placement:** Assistant Finance Vice President. A great way to learn how the League runs, and a great group of women to work with.

**Quote:** “What I hope to contribute as a Sustainer Council Member: Finding ways to connect Sustaining members in all stages to benefit both the Junior League, in carrying out the mission, and the Sustaining members by providing opportunities with social and service rewards.”

If you have questions about the Sustainer Council, want to learn more or would like to be involved, please contact Co-Vice Presidents, Heather Mackey or Allison Reaves,

[SustainersConnect@jlws.org](mailto:SustainersConnect@jlws.org)



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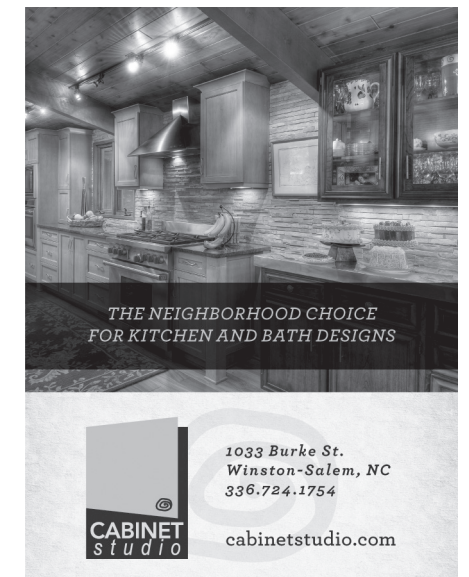
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#### Congratulations New Sustainers

|                     |                    |
|---------------------|--------------------|
| Rachel Adams        | Shelley Holden     |
| Emery Bettis        | Teresa Inman       |
| Jennifer Bryan      | Julie Oates        |
| Missy Butler        | Jennifer Pool      |
| Claire Calvin       | Amine Seifert      |
| Madeline Cashdollar | Cristen Sessions   |
| Kristen Duchac      | Wesley Suttle      |
| Jacqui Duncan       | Crystal Tickle     |
| Katy Fisher         | Ayanna VanSluytman |



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## Sustainer Interest Groups

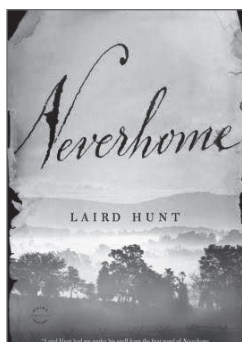
Do you have a hobby, interest or passion that you would like to share with others? Want to learn a new skill but don't know where to start? Consider joining other league members to accomplish your goals. JLWS Interest Groups are designed to enhance the member experience through regularly scheduled gatherings devoted to topics of interest. Use your imagination or consider these potential interests:

- Antiques
  - Bridge
  - Cooking/Eating
  - Gardening
- Investing
  - Movies
  - Running/Walking
  - Sewing/Quilting/Knitting
- Singing
  - Technology
  - Tennis
  - Wine

For more information and to view guidelines for starting a Junior League of Winston-Salem interest group, log in to the Members area of the [jlws.org](http://jlws.org) website and click Events>Interest Groups.

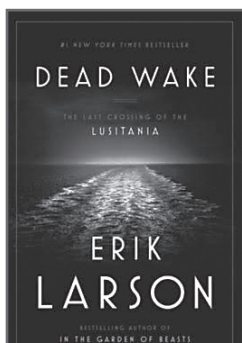
## Save the Date for Book Clubs

### EVENING Book Club:



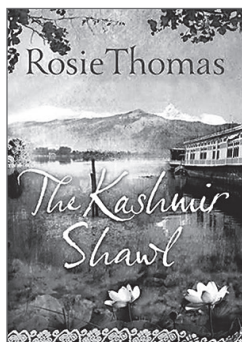
**Neverhome**  
by Laird Hunt

**January 12, 2016**



**Dead Wake:  
The Last Crossing  
of the Lusitania**  
by Erik Larson

**March 8, 2016**



**The Kashmir Shawl,**  
by Rosie Thomas

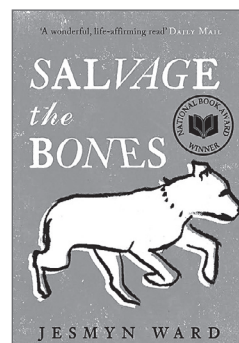
**May 10, 2016**

### DAYTIME Book Club:



**A Spool of Blue Thread**  
by Anne Tyler

**February 24, 2016**



**Salvage the Bones**  
by Jesmyn Ward

**April 27, 2016**

↑ For questions regarding the **DAYTIME BOOK CLUB**, contact Carol Fagg, [carolfagg@triad.rr.com](mailto:carolfagg@triad.rr.com) or Lynn Howland, [lynnshowland@triad.rr.com](mailto:lynnshowland@triad.rr.com) Events are at 9:30 a.m.

← For questions regarding the **EVENING BOOK CLUB**, contact Kellon Tippett, [ktippett@bandt.com](mailto:ktippett@bandt.com) Events are at 7 p.m.

### Junior League Transitions

#### Transfers from Winston-Salem:

- Meghan Cooper (Active)**  
Charlotte, NC
- Rachel Rhine (Active)**  
London, United Kingdom

#### Transfers to Winston-Salem:

- Kasey Sneed (Active)**  
Asheville, NC
- Bethany Symmes (Active)**  
Atlanta, GA
- Elizabeth Adams (Active)**  
Gainesville, FL

### Member Milestones

Active member **Pamela Bunten** started her new job as Fundraising Coordinator for the Muscular Dystrophy Association.

Active member **Jessica Francis** has been promoted to Associate Director for Global Programs with Wake Forest University.

### Marriages

- Carmen Sauls & Andrew Price**  
June 6, 2015
- Erin Wallace & Lee Herringa**  
August 1, 2015

### Little Junior Leaguers

- Leah Pressley Colon**  
July 3, 2015  
Susan and Raul Colon
- Julia Hope Davis**  
July 22, 2015  
Eleanor-Scott and Hill Davis
- Libby Spencer Wands**  
July 26, 2015  
Hillary and Andrew Wands
- Helen Kathryn Russell**  
August 31 2015  
Marley Russell
- Tess Helena Ringeman**  
September 27, 2015  
Katy and Tim Ringeman

## PHOTO FLASHBACK



Mrs. W. Oliver Spencer, Jr. and Miss Isabel McPhail. Beauty Parlor Operated by the Junior League of Winston-Salem, 1928

Junior League of Winston-Salem, North Carolina Room, Forsyth County Public Library, Winston-Salem, NC



For more information, contact Kevin Bender  
[benderkc@wfu.edu](mailto:benderkc@wfu.edu) • 336.758.3091  
[business.wfu.edu/wsevening](http://business.wfu.edu/wsevening)

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