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The 11th annual Tour of Fine Spaces will be held on Saturday, March 19 from 10 a.m. to 4 p.m. It will kickoff with an open house from 9 a.m. until 11 a.m. at the newly renovated Keller Williams office located in Executive Park. Join us before the Tour for mimosas and breakfast items. This year's tour will feature local builders, interior designers, cabinet makers, flooring/tiling specialists, cabinet makers and architects who have come together for this unprecedented showcase featuring contemporary to traditional styles. Enjoy savory and delectable culinary samplings from local caterers, restaurants, wineries and bakeries while witnessing the beautiful craftsmanship. Tickets are \$30 in advance and \$35 the day of the event. Please invite your friends to come join in this wonderful showcase of Winston-Salem's finest.

Tickets may be purchased online or in retail locations such as McCullough Tile and Stone, Kim Taylor, The Golden Apple, Southern Home & Kitchen, Mainstream Boutique, Monkees, Meg Brown Home Furnishings, Schiffman's, House of Plants, June DeLugas Interiors, Kilwins, L.A. Reynolds, 1502 Fabrics, and Junior League of Winston-Salem Headquarters. Please check the JLWS website for updated sponsors and ticket vendors and follow us on Facebook.

## SEE THIS HOUSE AND MORE!



**2817 Lazy Lane:** This beautiful home needed updating for a young family that likes to entertain. The space was changed to move the dining room to the previous living room space, and to use the old dining room space for the breakfast area/kitchen expansion. The new kitchen features beautiful transitional white cabinets, a custom island and marble tops. The result was a much improved everyday work flow, kid-monitoring layout, and a great party hub for casual or more formal entertaining.

### Thanks to the current 2016 sponsors:

Cabinet Studio, Inc., Custom Homes by Hamrick, June DeLugas Interiors, ICON Custom Builders, McCullough Tile and Stone, DreamMaker Kitchen and Bath, Show Homes Home Staging, Twin City Custom Cabinets, Keller Williams Realty, Kilwins, Red Clay Gourmet, and Winston-Salem Monthly.

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## April General Membership Meeting

**Monday, April 4, 2016**

Children's Museum of Winston-Salem  
Under the Stars Room  
390 S Liberty Street

6:30 p.m. - Social

7:00 p.m. - Membership Meeting

### Junior League of Winston-Salem, Inc.

390 South Liberty Street, Suite 100  
Winston-Salem, North Carolina 27101

**Phone:** (336) 722-9681

**Fax:** (336) 721-1051

**E-mail:** [headquarters@jlws.org](mailto:headquarters@jlws.org)

**Web:** [www.jlws.org](http://www.jlws.org)

**Hours:** 9:00 a.m.- 2:00 p.m., Monday-Friday

## Letter from the President



Per the calendar, spring is right around the corner and yet I am still not sure what happened to 2015! What a great holiday season and start to a new year. Hopefully, it won't be too long before the flowers begin to bloom and trips to the coast are planned.

I want to give my thanks to all for your support of the January General Membership Meeting being rescheduled along with all motions successfully passing. Your continued engagement allows us to

ensure that decisions made for the JLWS are with thought and understanding.

I hope you found the information on the Women's Health Initiative as exciting as I did. I am so pleased with how our committee continues to focus on what was originally started a few years ago and partners with other organizations to bring a wonderful opportunity to our community. I look forward to seeing the next steps and how as members can all participate.

Can you believe Tour of Fine Spaces is so soon? This is our eleventh year, and I am confident that it will once again be a showcase not to miss. The committee has spent hours preparing and planning. Remember your tickets were included in your fundraising package and invite a friend or family member to join you. If you need more tickets, they are available for purchase on our website.

We continue to see such progress with our BookWORM program and that would not be possible without all of our members. Before we know it, the spring drive will be here, and we will once again be able to supply books to so many children who would not otherwise have one. It is a great way to spread the good work of the Junior League of Winston-Salem to your friends and neighbors and thank them for their support as well.

As we enter into spring, we still have many exciting events and programs. I appreciate all you continue to do for the Junior League of Winston-Salem and the community in which we serve. I have learned so much from all of you over the past several months and look forward the upcoming days as we continue to celebrate our 93 years.

The Junior League of Winston-Salem is an organization of women committed to promoting voluntarism, developing the potential of women and improving the community through the effective action and leadership of trained volunteers. Its purpose is exclusively educational and charitable.

### 2014-2015 Board of Directors

**Stephanie Moser:** President  
**Katy Ringeman:** President-Elect  
**Carrie Vickery:** Administrative Vice President  
**Amy Shively:** Strategic Planning Chair  
**Parker Tegeler:** Communications Vice President  
**Lindsay Stanley:** Assistant Communications Vice President  
**Kristin Chambers:** Community Vice President  
**Charmon Baker:** Assistant Community Vice President  
**Kate Reece:** Finance Vice President  
**Susan Colon:** Assistant Finance Vice President  
**Carrie Hileman:** Membership Vice President  
**Amanda Marshall:** Assistant Membership Vice President  
**Heather Wilson:** Nominating Chair  
**Jen DeGuzman:** Volunteer Development Chair  
**Kristin Kelly:** Member-at-Large  
**Heather Mackey:** Sustainer Vice President  
**Allison Reaves:** Sustainer Vice President

### Headquarters Staff

**Nancy Morris:** Administrative Assistant

The *Informer* is published four times a year in September, November, February and May by Junior League of Winston-Salem, Inc. The *Informer* accepts advertising.

For more information, visit  
[www.jlws.org/informer](http://www.jlws.org/informer)

### 2014-2015 *Informer* Staff

Elizabeth Richardson  
Eleanor-Scott Davis  
Parker Tegeler  
Lindsay Stanley

## January Board Brief

By Carrie Vickery

The JLWS Board of Directors met on October 12, November 16, and December 14. October Town Halls occurred at the homes of various board members to better gauge the expectations of current members. The current JLWS Board and the 2016-2017 JLWS Board attended a mid-year retreat on January 9, 2016 at the Winston-Salem Foundation. The retreat emphasized the JLWS as a training organization and two certified trainers from AJLI attended to further guide our JLWS leaders. The Finance Committee reported great success from Boutique with over 72 vendors and approximately 425 people attending Girls' Night Out. In December, the Board unanimously approved the year's audit. A proposal was made to move the March GMM which would fall on Easter Monday to April 4 at the Children's Museum.

## Meet an Active Member

### Rachel Neely Johnson



**Hometown:** Winston-Salem, NC

**Family:** Husband, Mark; Daughter, Madeleine (3); and Dog, Biscuit

**Profession:** Full-time parent, part-time consultant

**Hobbies:** Traveling and community volunteering

**Years in the JLWS and**

**Current Placement:** 5 years; Chair, League Linkers

**Reason for Joining the JLWS:** When I moved back to Winston, I wanted a way to connect with new people and focus my volunteer activities.

**Favorite Placement:** League Linkers. It is fun to create avenues for members to interact with each other. We have some awesome members!

**Fondest JLWS Memory:** Working the last Rummage Sale.

**Favorite Quote:** "The harder you work, the luckier you get." ~ Gary Player



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# Membership

## 2016-2017 JLWS Board of Directors

It is with great enthusiasm that the Nominating committee announces the 2016-2017 JLWS Board of Directors which was voted in at the January General Membership Meeting.

Katy Ringeman	President
Aimee Rowe	President-Elect
Sarah Blackwell	Administrative Vice President
Liz Noland	Strategic Planning Chair
Lindsay Stanley	Communications Vice President
Kimberlee Blaylock	Assistant Communications Vice President
Charmon Baker	Community Vice President
Lauren Rogers	Assistant Community Vice President
Susan Colon	Finance Vice President
Jackie Piscetelli	Assistant Finance Vice President
Amanda Marshall	Membership Vice President
Alison Grein	Assistant Membership Vice President
Brandi Cleveland	Nominating Chair
Jennifer deGuzman	Volunteer Development Chair
Jennifer Conrad	Member-at-Large
Lisa Aft	Sustainer Vice President

### BookWORM Spring Drive:

April 9-16

### Packets and Materials Distributed:

April 4<sup>th</sup> GMM & available at HQ after April 5<sup>th</sup>

### Drop-Off Dates:

April 16<sup>th</sup> 12-2pm

April 20<sup>th</sup> 5:30-7pm

May 7<sup>th</sup> 9am-12pm

### Make-Up Sessions:

May 7<sup>th</sup> 9am-12pm

May 11<sup>th</sup> 5:30-8:30pm

Email [bookwormscheduling@jlws.org](mailto:bookwormscheduling@jlws.org) to sign up for a make-up session

## 2016-2017 Nominating Committee

The Nominating Committee is also pleased to announce those Active Members who were voted in at the January General Membership Meeting to join the 2016-2017 Nominating committee:

Sarre Boglioli, Kristin Chambers, and Leigh Sobel

The Nominating Committee members who will be completing the second year of their 2-year term are: Abby Archer, Elizabeth Myers and Carrie Ross.

Please contact Nominating Chair, Heather Wilson, at [nominating@jlws.org](mailto:nominating@jlws.org) or any current members of the committee with questions about the slate of officers, the Nominating Committee slate, or the nominating process in general.

### New to Winston-Salem Interest Group

Look for information on the latest happenings in Winston-Salem and group events on their Facebook page!

Contact: Desiree Partin (Knight)  
[sdesireeknight@gmail.com](mailto:sdesireeknight@gmail.com)

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## Ask Your Member-at-Large

Kristin Kelly

### Question:

I'm interested in posting on Facebook and Instagram and tagging the JLWS. How can I help use social media to highlight the Junior League of Winston-Salem?

### Answer:

Excellent Question. This year, our Marketing/PR team has done an outstanding job of addressing our use of social media through websites such as Facebook, Instagram and Twitter. What we noticed was that we were not taking full advantage of the free marketing opportunity for our League.

The Marketing/PR team immediately went to work and decided that we would have one Facebook page for the JLWS, but that we would have separate event pages to highlight our events such as Boutique and Tour of Fine Spaces. This year, the Boutique committee posted for five weeks on Facebook prior to the event to highlight different vendors. For Tour of Fine Spaces, we plan to highlight homes on the tour and sponsors of the homes, to name a few.

So, back to your question. We had a contest for a hashtag that represents our League and the winning hashtag was #WomenBuildingaBetterWS. So, if you are posting on Facebook, Instagram or Twitter and you want to highlight our League, make sure to use this hashtag.

For Facebook, once you are logged in, you can search for Junior League of Winston-Salem and click to join the group. Voila! You are now following our page and are able to post, comment, and "like." Our Instagram and Twitter accounts are the same: "juniorleaguews." On Instagram, make sure to click follow. Be on the lookout for fun posting opportunities. As you'll see, there is a contest for highlighting placements on our Facebook, Instagram and Twitter accounts by using the hashtag #myfavoriteplacement. And...there's a prize for the post with the most engagement.

Let's all join in: Tweet, post, and like and let's get the Junior League of Winston-Salem's name out there through Social Media.

## Social Media

Have you thought about what Placement you'll choose this year?

Remember that placement sign ups are available online from March 7-21. The Junior League of Winston-Salem's Facebook, Instagram, and Twitter accounts have been highlighting both In League and Community Placements to help you decide. Share your favorite memories from this year or any year via social media. Use the hashtag **#myfavoriteplacement** and tag juniorleaguews on Twitter and Instagram. To share on Facebook, post to the Junior League of Winston-Salem's Facebook page and use the same hashtag. The post that gets the most community engagement will win a copy of *Stirring Performances*.

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## Membership

# Townhalls

By Katy Ringeman

As always, the ever-popular fall Townhalls provided Active and Sustaining Members an opportunity to provide feedback, discuss the Junior League of Winston-Salem initiatives, and engage members in a social and interactive environment.

This year's Townhalls asked questions related to each of the councils and will help each of the councils concentrate on the issues important to the membership going forward.

### **Communications Council:**

Members requested an increased focus on internal and external means of communication. Members overwhelmingly requested texts specifically to be utilized for meeting and event reminders.

### **Community Council:**

Women's Health Initiative was discussed at length. Members concurred that the placement should be focused on going out into the community as well as focus on not only women but the whole family's health through free health fairs and education.

### **Finance Council:**

Members agreed the finance package was an important way to confirm the Junior League of Winston-Salem could continue its widespread impact. Most members stated they wanted brief overviews of the financial position of the League at meetings while a small percentage wanted no information or an abundance of information on the League's finances.

### **Membership Council:**

The Placement Liaison committee was discussed in length. The overwhelming sentiment was the committee needs to be changed to be more reflective of the needs of the membership. Many ideas were given from changing the time and format of the fall interviews to having a liaison on each committee.

The feedback given at the Townhalls is evaluated by the Board of Directors and is used as a roadmap in the annual and strategic planning process. All the information gathered helps the Board of Directors make decisions regarding the direction the JLWS in current and future years. The Board of Directors thanks each member for her candid and insightful feedback.

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## Mid- Year Annual Fund Update

By Katherine Vogler

Junior League of Winston-Salem is just over halfway through the 2015-2016 year, and the Fund Development Committee is proud to report sound participation from both Active and Sustaining members. Thank you to each of the members that has already contributed to the success of growing Junior League of Winston-Salem's Annual Fund.

Donations to the Annual Fund are on pace to meet and surpass the previous two years' giving levels, enabling each of the committees to achieve new goals and further support the mission and values of Junior League of Winston-Salem. Just as important as the gift amounts is the total support of the Junior League of Winston-Salem's membership. So far this year, only six percent of our Active and Sustaining members have contributed to the Annual Fund. With five months left in the year, the JLWS Fund Development Committee expects that number will rise to 15 percent. The Fund Development Committee needs numerous channels through the help of each and every member to make that happen.

Members are able to donate to Junior League of Winston-Salem. Not sure what's available? A few options include:

- ✓ Donate through Junior League of Winston-Salem's website, [www.jlws.org](http://www.jlws.org) by clicking the "Donate" button.
- ✓ Begin the conversation about a planned end of life gift.
- ✓ Find out if your company offers a matching program as you may be able to double your gift.
- ✓ Have a Donor-Advised Fund set up? Contribute directly to Junior League of Winston-Salem through this simple and accessible option.
- ✓ Love Amazon? Begin completing purchases through Amazon Smile, and Amazon will contribute 0.05 percent of the purchase total to Junior League of Winston-Salem.

The suggestions above are only the beginning. If you would like to learn more about how you can give to Junior League of Winston-Salem, contact the Fund Development Committee. Feel free to contact Katherine Vogler at [kovogler@gmail.com](mailto:kovogler@gmail.com). Thank you all for the continued support and contributions.



## New Members

# Eat Well. Travel Often.

### Combined Group of Rebecca Stone & Mary Louise Shore



Conversation came easily and friendships began quickly at our first meeting as we enjoyed each other's tasty homemade goodies. This dynamic group of women all have a heart to serve and a true excitement for what they can contribute and gain from the Junior League of Winston Salem.

Though we all got along, our common ground was not immediately apparent. After a comical smattering of ideas (binge TV watching, food allergies...), we then discovered that not only do we all enjoy good food and drink, but that our group has a passion for travel and has been to many exotic places. With a leisure travel advisor as a co-mentor, and the

full passports of our members, we should be your first stop for travel advice!

We look forward to serving Winston together this year, and for many more years to come.

### Rebecca Stone



Rebecca Stone was born and raised in Pittsburgh, Pennsylvania. She graduated from Miami University with a degree in Early Childhood Education. She began her teaching career in Cincinnati where she met her husband, Austin. He brought the northern girl south for his orthopaedic surgery residency at Wake Forest Baptist Hospital.

Rebecca has lived in Winston-Salem for five years and is a Kindergarten teacher with WS/FCS. She decided to join the League to meet more women and to give back to the community that she quickly grew to love. This is only her first active year, but after such a positive experience with her mentor and new member group, she is thrilled to guide a fantastic group of women through their new member year.

### Mary Louise Shore



Mary Louise Shore grew up in Winston-Salem and graduated from UNC-Chapel Hill in May 2014 where she studied Journalism and Public Relations. Now working in Winston-Salem as a Leisure Travel Advisor at Aladdin Travel. Mary Louise enjoys traveling and helping others make travel plans a reality.

When she is not traveling or planning travel, Mary Louise enjoys spending time with friends and family, painting, being outside, and volunteering in the community. She joined the Junior League of Winston-Salem to serve the community and meet other women who have the same passion for serving others. She has loved helping the women of the "Eat Well. Travel Often." small group learn more about the Junior League of Winston-Salem but has mostly loved seeing them grow in their friendships within the League.

### Ladies of the 80's

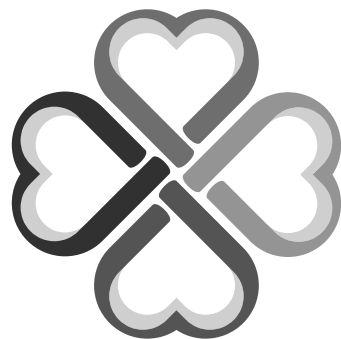


New member group “Ladies of the 80’s” is comprised of just that -- ladies born in the 1980s. At their first meeting, members got to know each other at the home of their new member mentor, Megan Saunders, in Lewisville. None of these ladies are originally from the Winston-Salem area. Careers and spouses are what brought them here. With many of the new members having careers in healthcare or education, this group has a passion for giving back to the community. They are eager to learn more about Junior League of Winston-Salem as well as meet new friends along the way.

### Megan Saunders



Megan Saunders was born and raised outside of Raleigh, North Carolina. She attended Meredith College, earning her Bachelor’s degree in family consumer sciences. Before moving to Winston-Salem, Megan worked as a family consumer science agent for Harnett County Cooperative Extension. While she loved and had a passion for helping the citizens of Harnett County, her true passion was fashion. After getting married in 2013, Megan moved to Winston-Salem and began working for Monkee’s. She now works for Monkee’s Franchising as the Corporate Buying Consultant. Joining the Junior League of Winston-Salem not only allowed Megan to learn more about the community and help those in need, it has also allowed her to make great friends along the way.



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## New Members

# New Member Town Halls

By Sarre Boglioli

Who in the league exemplifies a good leader and why? What advice would you give next year's New Member class? How can we encourage the Girls on the Run participants on race day? These are some of the questions that the New Members tackled during their Town Halls in January. Led by the mentors of the New Member Development committee, the Town Halls had three purposes: to participate in a training session, to share feedback about the New Member experience, and to engage in a volunteer activity.

The objective of the training session was to begin preparing New Members for their first active year in the league. Members of Volunteer Development directed questions related to qualities of a leader and actions individuals can take to become effective leaders.

New Members were then asked about their experience in the Junior League of Winston-Salem so far. It is from these sessions that the New Member Development Committee gathers feedback used to direct the second half of the New Member year and communicate to other committees how we can continue to build meaningful experiences for New Members.

The women at each town hall also designed eye-catching posters with words of encouragement for Girls on the Run. The third through fifth grade girls running their spring 5K will have these posters alongside friends and family to cheer them on as they complete their race.

The New Member Development committee is grateful to the members of Volunteer Development and to the Board whose attendance and participation at the New Member town halls is an example of the commitment and collaboration to grow and build upon the New Member year.



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## BookWORM: How does it impact the Winston-Salem Community?

An Interview with Lisa Aft, *Executive Administrator of Amos Cottage*



### What is Amos Cottage and who do you serve in Winston-Salem?

Amos Cottage CDSA (Child Development Services Agency) staff provides treatment, referrals, service coordination, and consultation to any child ages 0- 36 months living in Forsyth, Davie, Davidson, Stokes, Surry and Yadkin counties. In addition, our Therapeutic Day Program provides therapy to children ages 3-7 years old at Amos Cottage on a daily basis. Finally, our neonatal follow-up clinic sees babies through their second birthday.

### How does the JLWS BookWORM program impact Amos Cottage?

The JLWS BookWORM program has a huge impact on the families and children we serve at Amos Cottage. Reading is an important bonding opportunity. Many of the families we served do not have access to books. Our caseworkers use the books as a tool for family bonding, an opportunity to communicate with their children as well as to encourage listening and language skills.

### Do you have any personal stories of a child who has received a book from the JLWS BookWORM program?

Parents are extremely grateful for the books. We serve some children with behavioral and developmental disabilities. Recently, a child was waiting to see one of our pediatricians and the little guy just couldn't sit still. His parents were trying everything. He kept running through the doors into the parking lot. He even pulled the fire alarm twice. When I went out to see why we had to evacuate, I found exhausted parents struggling to keep this child sitting down. I handed him an "Eye Spy" book and a Dinosaur book. Wow! His parents and he began to look for the items in the book. I told him he could keep the books. He was so happy and was able to sit with a calm body until his name was called.

During the holiday season, we were able to give over 1,500 books to our 800 plus participating children and their siblings. For some children, this was their Christmas present. One mother was so thankful, she began to cry when our caseworker told her she could keep the books.

### Is there a most popular book or book type that you see leave the shelves the quickest?

We have the most children in our CDSA program so our most popular books are for ages 0-2 year old. They love picture books with colors and faces and small board books. We are so grateful for BookWORM.

### Have you seen or heard how the donated books impact the relationships between family members?

Yes, families have been brought together over reading! For some of our families with children who are diagnosed with anxiety or Autism, sharing a story is the only time a child will sit and cuddle with their mom or dad.

# Volunteer Development

## Spring Improvements

By Jen DeGuzman

The spring season is a busy time for the Volunteer Development Committee, who was thrilled to have Mike Haggas, Director of Development for the School of Business at Wake Forest University, facilitate our February Pre-GMM training on Public Speaking and Networking. In his role, Mike spends much of his time at work building relationships with alumni, parents, and friends of the University and making ‘the ask’.



Throughout his presentation, Mike explained that networking is the key to developing a strong brand, which includes the solid skill of public speaking. He not only shared the following advice, but asked for two volunteers to test out their skills. Actives Jessica Armstrong and Claire Machamer were up for the challenge!

### Public Speaking

- It is a craft, not an art.
- It is important to develop a comfort level and find words that you feel comfortable using.
- Networking and public speaking go hand in hand, but the bonus of public speaking is that you can be rehearsed, so be sure to do your research on the audience! Find out their mission, what’s currently going on in the news, what event they just held.
- When using a microphone, speak over the top of it. Bring it to your chin.
- Podium usage is best for those that don’t like to walk around while presenting. If you find yourself in this situation, be sure not to grip over the podium.
- Public speaking is all about body language and eye contact. Even though it’s awkward, the best way to practice is to record yourself. You’ll be surprised at what you find.

### Networking

- You know yourself the best and can relate to others by sharing your story. Everyone has a family, lives somewhere, has gone to school, has a past, and has something that you can find in common.
- When in a networking situation, be a pinball, not a bowling ball. Go from conversation to conversation and be smooth with transitions instead of interrupting and causing awkward breaks in conversation.
- Networking takes practice!
- Follow the nametag trick: when you first enter a networking event, go to the nametag table and step aside. Take a few minutes while you’re putting it on a scope out the room, figure out who is here, who you need to meet, and where the drinks are located.
- If you are networking, do not go hang out with the people you know, but be sure to give them a heads up beforehand.
- How to ‘get in’ and ‘get out’ of a conversation: pay attention to shoulders. If there are two people facing each other with their shoulders straight on, they are more than likely having a good conversation, and you should not interrupt! If you start to see shoulders angling away from each other, move in. The same goes for your own conversations. If you see the shoulders of the person you’re talking to start to angle out or you notice a lack of eye contact, be the bigger person and let them go. Say something like, “Amy, there are a few more people I need to meet before the key note speaker, but it was so nice to meet you” (firm handshake ensues).
- If you really want to be a superstar and challenge your networking abilities, at the end of the night, try to say goodbye to everyone you met during that event and use each person’s name.
- If you’re ever in a situation where you know you’ve met someone but can’t remember his/her name, always introduce yourself first. Say something like, “Hi, I’m Jen. I remember you from our Junior League training where Mike Haggas presented on public speaking. Remind me of your name?”

Mike also provided some follow-up literature, ranging from books he gives to his new staff hires (#1) to those that include ‘self-diagnosing’ quizzes (#3). Enjoy!

1. “Never Eat Alone” by Keith Ferrazzi and Tahl Raz
2. “Made to Stick” by Chip Heath and Dan Heath,
3. “First Impressions: What You Don’t Know about What Others See in You” by Ann Demarais, Ph.D., and Valerie White, Ph.D.

## Staying Active with the Sustainers

By Sarah Dalrymple

### SPOTLIGHT ON: Tour of Fine Spaces

Sustainers can help make the Tour of Fine Spaces a success. Attend as a group, promote the event, encourage friends and neighbors to purchase tickets, or volunteer. Read more in this issue of the Informer and find details online ([www.jlws.org](http://www.jlws.org), Support Us).

### 2015-16 Annual Fund

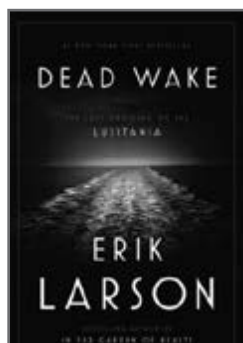
Support the financial stability of JLWS by making a charitable donation. A tax deductible gift to the 2015-16 Annual Fund helps the League deliver its vision: nurture and educate individuals to build healthier families and a stronger community. Mail a check to the JLWS office or complete a simple, online transaction ([www.jlws.org](http://www.jlws.org), Support Us). Consider making your gift in honor or memory of a League member, committee or council!

### Stay informed about Sustainer events

Have questions or need more information about Sustainer opportunities? Contact the Sustainer Council: [sustainersconnect@jlws.org](mailto:sustainersconnect@jlws.org) or find detailed information in the Sustainer section of the website ([www.jlws.org](http://www.jlws.org), Home, Sustainers).

## Book Clubs

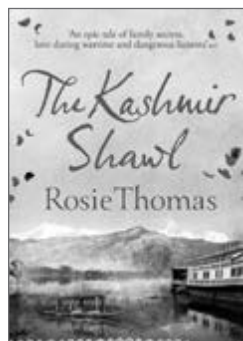
### EVENING Book Club:



#### Dead Wake: The Last Crossing of the Lusitania

by Erik Larson

**March 8, 2016**

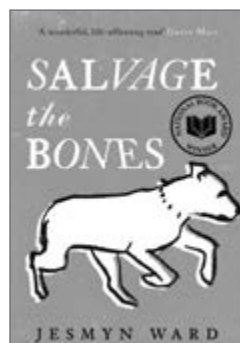


#### The Kashmir Shawl,

by Rosie Thomas

**May 10, 2016**

### DAYTIME Book Club:



#### Salvage the Bones

by Jesmyn Ward

**April 27, 2016**



For questions regarding the **DAYTIME BOOK CLUB**, contact Carol Fagg, [carolfagg@triad.rr.com](mailto:carolfagg@triad.rr.com) or Lynn Howland, [lynnshowland@triad.rr.com](mailto:lynnshowland@triad.rr.com). Events are at 9:30 a.m.



For questions regarding the **EVENING BOOK CLUB**, contact Kellon Tippett, [ktippett@bbandt.com](mailto:ktippett@bbandt.com). Events are at 7 p.m.

## Sustainers

### Transfer Interest Group

When Heather Egan and her family moved to Winston-Salem, she immediately became interested in the JLWS. As sustainer transfer from Charlotte, NC, Heather is interested in helping other transfers get acclimated to Winston-Salem and to our League. “I’ve belonged to four different Leagues, so I understand that new transfers are eager to get plugged in and meet new people.” For more information, contact Heather at 336-749-0701 (cell) or [hplegan1@att.net](mailto:hplegan1@att.net)

### Sustainer Learning & Development Series

The Junior League of Winston-Salem is dedicated to ongoing learning and development for all members; so, we have developed the Sustainer Learning & Development series. The first event was held prior to the January General Membership Meeting. Titled How to Live Mindfully and Benefit Your Health, led by Health Coach, Lila Cruikshank, the talk explored what mindfulness is, what “health” means in 2016, and the relationship between the two. For future events, watch for details in the E-Weekly (Sustainer’s Corner), the Informer and Sustaining Matters.

### SOS (Support Opportunities for Sustainers)

#### Extra Hands Needed for the Backpack Committee

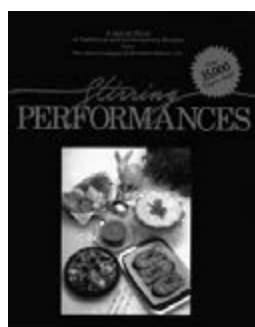
Please sign-up as a substitute ‘helper’ or even take a day or two during the semester to lend a hand to the Backpack community placement. JLWS committee members distribute food provided by the Second Harvest Food Bank to students at Cook Elementary School. For more information, contact Anna Sebastian, Backpack Chair, [annasebastian@gmail.com](mailto:annasebastian@gmail.com)

### Sustainers had a blast at the JLWS Holiday Party



**From left to right: Melissa Rogan, Mary Roemer, Judy Smith, Mimi Witherow, Cindy Whaling, and Becky Perkinson**

Enjoy a “taste” of the Junior League of Winston-Salem’s cookbook, *Stirring Performances*. To purchase your own copy, contact headquarters.



### Chocolate Truffles

**makes 26-30 servings**

7 ounces bittersweet Swiss chocolate, cut into 1-inch pieces  
 1/2 cups heavy cream  
 2 tablespoons butter  
 3/4 cup powdered sugar, measured then sifted  
 2 egg yolks  
 2 tablespoons Grand Marnier or other liqueur to taste  
 Unsweetened cocoa

On top of a double boiler, over simmering water, combine chocolate, cream and butter. Add sugar and yolks to chocolate, whisk until smooth. Remove from heat and add liqueur. Place in flat glass dish and chill until malleable, about 2 hours. Shape into balls, toss in cocoa, place in paper or foil candy cups and refrigerate until serving.

### Mary’s Dubonnet Fiz

**makes 36 servings**

32 ounces cranberry juice cocktail  
 2 quarts Dubonnet  
 1 1/2 quarts ginger ale

Mix all ingredients, chill and serve immediately.



### Little Junior Leaguers

**Millie Camryn Clendenden**  
 September 29, 2015  
 Jon and Katie Clendenden



### Marriages

**Brittany (Hunton) & Brandon Pendleton**  
 November 7, 2015

**Elizabeth (Thomas) & Thad Merriman**  
 November 14, 2015



### Member Milestones

Carrie Vickery filed to run for District Court Judge in Forsyth County.

Please e-mail any additions to [headquarters@jlws.org](mailto:headquarters@jlws.org)



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