

MAY 2014 | Volume 22, Issue 6



NEW MEMBERS



GENERAL MEMBERSHIP MEETING



SUSTAINERS

As the Junior League of Winston-Salem (JLWS) winds down the 60th anniversary year of Rummage Sale, please make plans now to attend the May Annual Membership meeting and year-end celebration. The meeting will be held on Monday, May 19, 2014 at 7:00 p.m. at the Forsyth Medical Center Conference Center. At the Annual meeting, members will celebrate the organization's accomplishments over the past year, welcome the New Members becoming Actives, and recognize the Active members who are becoming the newest Sustainers. Year-end awards will be presented including the Katharine Reynolds Johnston League Legacy Award; Active, New Member, and Sustainer of the Year; Community and In-League Placements of the Year; Friend of the JLWS; and Community Partner of the JLWS. The Incoming Board of Directors will be sworn in and members will hear about plans for the upcoming 2014-2015 year. It promises to be a great celebration to top off a wonderful year!

Inside This Issue

- Membership **3**
- New Members **9**
- Sustainers **10**
- Finance **11**
- Community **14**
- Noteworthy **15**

May Annual Membership Meeting and Year-End Celebration

Monday, May 19, 2014

Novant Health: Forsyth Medical Center
Conference Center

(Free Parking in Visitor's Parking Deck)

6:30 p.m. Social

7:00 p.m. Membership Meeting

Junior League of Winston-Salem, Inc.

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Hours: 9:00 a.m.- 2:00 p.m., Monday-Friday

Letter from the President



It is May?!? Wow! The Junior League of Winston-Salem operates on a fiscal year that runs June 1 to May 31. Thus, May is the culmination of our League year and a very important time in our organization.

May is a time of celebration. This was an important year for the JLWS, most notably marked by the final Rummage Sale. The end of the sixty year run brought an opportunity to reflect upon and to celebrate the successes of the event. The May GMM will be a celebration of our accomplishments. We will bestow special awards

for those members and community partners whose hard work and support enabled the JLWS to achieve great successes this year. I would like to thank each of you for your contributions this year and invite you celebrate with us at the GMM!

May is a time of transition. At this point all the committees, the councils, and the Board are working on transitioning their duties. Our placement cycle provides opportunity for variety in League experiences. But, in order to run efficiently year to year, appropriate transition must take place. If you were in a leadership role this year please take some time to share your knowledge with your successor. If you are a Sustainer and have an idea for a committee or to improve upon an event, please share it! This is an opportunity for members to train members and contribute to the future success of the organization. The JLWS is a highly organized machine that rolls forward each year, but it is up to us to make sure the wheel turns smoothly.

May is a time of reflection. As our placements and the JLWS year come to a close, take a moment and think about your year. How did your placement go? What inspired you? How many new connections did you make within the League? What did you learn? These are important questions because they define your membership experience. I have had the honor of serving as president. Many of my past placements have fallen under the finance umbrella, so this year I stepped out of my comfort zone and took on a challenge. I have often described this experience as a roller coaster, with many levels of highs and lows. For example, I have been inspired by the commitment and hard work I have witnessed within committees and by the collective audience enjoying an engaging GMM speaker. United, we are a powerful group of women whose whole is greater than the sum of its parts. It is empowering, yet humbling, to reflect upon the magnitude of this organization. Conversely, the lows came at times when I felt inundated with responsibility as deadlines loomed. Remember, it is within the challenges and tough times that we find our strength and foster personal growth. One of the benefits of serving as president, a broad-based placement, is the opportunity to meet and work with members from all councils. My JLWS network grew immensely through interactions with New Members, Actives & Sustainers. I am inspired at the future you present and hugely respectful of your commitment and accomplishments. Finally, what did I learn? Lots. Almost every day has provided the opportunity to pick up a new skill or knowledge. Some of these are technical skills and some are soft skills. I credit my fellow members and the experiences of serving as president with my training. Specifically, I thank the 2013-2014 Board of Directors for your diverse skills, ideas, and spirits. Thank you for your leadership!

The JLWS is a training organization. Our mission is to train women to improve the community. This occurs as every level within this organization. Everyone has an opportunity to learn and an opportunity to teach. Thank you for the many successes and the many training moments this year!

The Junior League of Winston-Salem is an organization of women committed to promoting voluntarism, developing the potential of women and improving the community through the effective action and leadership of trained volunteers. Its purpose is exclusively educational and charitable.

2013-2014 Board of Directors

Teresa Inman: President
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Katie Neal: Assistant Membership Vice President
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Carrie Ross: Volunteer Development Chair
Grace Neal: Member-at-Large
Allison Reaves: Sustainer Advisor

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The *Informer* is published six times a year in September, October, November, January, March, and May by Junior League of Winston-Salem, Inc.

The *Informer* accepts advertising.

For more information, visit

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2013-2014 Informer Staff:

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Meghan Corbett
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February 2014 Board Brief

The JLWS Board of Directors met on February 17, 2014. Eva Wu, Chair of the 100th Anniversary Ad Hoc Committee, was invited to the meeting to provide the Board with an update on the work of the Committee for the 100th Anniversary of the JLWS in 2023. She discussed the Committee's two main ideas and the Board provided feedback. Heather Hubbard provided an update on SPAC (State Public Affairs Committee). She stated that the NC SPAC was dissolving because it could no longer legally operate the way it operates today. Stephanie Moser, Finance VP, provided a report on Finance. She stated that Elizabeth Dampier is now Assistant Finance VP since Melissa O'Buch moved to Wilmington. She provided a report on Tour of Fine Spaces (including advertising) Dine Around, and Annual Fund. Christine Storch, President-Elect, provided a report from the Management Team meeting held earlier. She stated that Management Team discussed ideas for membership appreciation month in March, and the March GMM, including speaker and agenda. She reported that the Management Team voted to recommend to the Board to establish a one-year placement called Immediate Past President. The Immediate Past President would be a consultant to the new President, the Board, and the Administrative Director. The Board unanimously approved establishing a one-year placement for 2014-15 called "Immediate Past President", as described above. Teresa Inman, President, discussed follow-up issues from the January and provided a status update on the search for a new Administrative Director.

March 2014 Board Brief

The JLWS Board of Directors met on March 10, 2014. Alisha DeTroye and Eva Wu were invited to the meeting to discuss the work of the Women's Health Ad Hoc Committee. Alisha and Eva stated that the Committee's focus is to have serious impact on women's health, engage members beyond placements, and have a signature placement. They discussed the JLWS "Go" message and presenting it to community groups. The Board provided feedback on the principal elements of this future placement. Alisha and Eva discussed having nine members for this placement. Stephanie Moser, Finance VP, provided a report from Finance, including dues update, corporate sponsorship, Dine Around, and Tour of Fine Spaces. Christine Storch, President-Elect, provided a report from the Management Team meeting held earlier, including the placement process and the Fresh Market Gala on May 1, 2014. Amine Seifert provided a report from the Nominating Committee, stating that almost all positions had been slated. Teresa Inman, President, discussed the March GMM, including agenda and program. Elizabeth Dampier, Assistant Finance VP, provided an update on the Strategic Plan. Teresa provided an update on headquarters staffing, stating that an offer had been made for the Administrative Director position.

May Leadership Meeting

On May 19, 2014, prior to the last GMM of the JLWS year, the Volunteer Development committee will be hosting leadership-transition training. The purpose of this event is to promote an informed and successful transition of members holding leadership positions with the JLWS. The event will begin with a short address from both the out-going and in-coming presidents and will continue with smaller transition meetings, which will be broken out according to councils. With the use of directives, members who are concluding their leadership role will have time to communicate expectations, strategies, and suggestions to the incoming leader who will be taking over the position. The Volunteer Development committee is excited to host this training and they look forward to helping promote a successful leadership transition for the 2014-2015 JLWS year.

General Membership Meeting Calendar

Monday, May 19, 2014

6:30 p.m. Social

7:00 p.m. Meeting

Novant Health: Forsyth Medical Center
Conference Center



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Membership



Ask Your Member-at-Large

Grace Neal

Question:

I wanted to learn more about the new community impact project for 2014-2015. Can you tell me more about it?

Answer:

Starting in the 2014-2015 year, JLWS will host an annual book drive called BookWORM (Winston-Salem On a Reading Mission) that will collect books for and promote literacy in the community. Given that 67% of third graders in the Winston-Salem/Forsyth County School District cannot read at grade level, the JLWS has a tremendous opportunity to make an impact in the community that draws upon our experience in improving childhood literacy. The purpose of BookWORM is to continue and strengthen the JLWS's long-standing commitment to the community, and to take steps to ensure a successful and positive impact.

The Board of Directors has approved a policy that will require members to participate in this project in two ways. First, all Active and Provisional Members will be required to donate three (3) new or ten (10) gently used books to Book WORM. This will be an annual obligation. Second, all Active and Provisional Members will participate in a neighborhood block collection program. Participation in the block collection will be optional for Five-Year Actives. Members that collect books from a neighborhood block will put out collection materials one week and collect them the following week. The goal is to maximize the number of books received while minimizing the financial cost to members.

More details will be forthcoming, but I am very excited about our new community impact project and look forward to making this inaugural community project a success! For further inquiries, please contact Lawren Desai at BookWORM@jlws.org.

The JLWS Wants To Hear From You!

What was your most rewarding or enjoyable moment during your 2013-2014 Placement?

"I enjoyed double-placing this year because it gave me the opportunity to really get to know more League members through my in-league placement, while also being able to spend some time volunteering with a great community organization." – Anna Marie Carr

"As a member of Program and Arrangements (P&A), my most enjoyable moment has been seeing friends (old and new) at all of the GMMs. P&A is responsible for setting up each GMM, but I am so grateful for that extra time to catch up with our committee. The March GMM was most memorable because of the phenomenal membership appreciation month programming and keynote, Jenny Fulton of Miss Jenny's Pickles. As a committee, we loved putting together (and sampling) the "pickle break!" It has been such a rewarding experience being a member of P&A." – Sarah Boerkircher



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League Linkers Event:

Rolly's - JLWS Night Out

Join JLWS members, family, and friends for a night out of shopping and socializing at Rolly's (Thruway Shopping Center) on Thursday, May 15, 2014 from 5:30 p.m. to 7:30 p.m. There will be wine and champagne, light hors d'oeuvres and 15% off your entire Rolly's purchase during the event! This event is perfect for mommies, Sustainer grandmothers and anyone else who needs that extra special baby gift! There will be lots of summer toys, clothes, swimwear and fun! Registration is encouraged but not required.

Dine Around continues next year!

During the 2014-2015 year, the JLWS will continue the Dine Around placement. This has been a fun fundraiser for the JLWS and a great way to socialize with members. Members have hosted fixed fee dinner parties in which the guests pay their meal fee to the JLWS. These events have been very successful and loved by members. Members that are interested in hosting an even or would like more information are asked to contact Christine Storch at presidentelect@jlws.org. More information is available on the JLWS website.

Dine Around: Six Meals on Saturday

On March 29, fifteen JLWS Active Members attended a Dine Around called "Six Meals on Saturday" hosted by Carrie Hileman, Walker Jones, Katie Neal and Emily Saunders. Guests enjoyed a fun and productive afternoon of slow cooker meal preparation in a social setting with other JLWS members. Best of all, the proceeds of the event support the JLWS mission.



(Back) Jessica Moorefield, Amber Kirkman, Elizabeth Marsh, Sarah Boerkircher, Brittany Hunton, Michelle Griffith, Kimberlee Blaycock, Alisha DeTroye, Hannah Proctor and Layla Manning, (Front) Walker Jones, Katie and Jack Neal, Brandi Cleveland, Carrie Hileman and Christie Stein



Transfer Spotlight: Katie Belter

Which Junior League did you transfer from?

Junior League of Birmingham, Michigan

What positions did you hold in that Junior League?

I was a new member last year.

What placement will you be participating in for the JLWS?

Children's Museum

Tell us about your family.

My husband's name is Bryan; we have been married for almost five years. We have two dogs - Junior, a golden retriever, and Ranger, a German shepherd mix.

What do you enjoy doing in your spare time?

My husband and I like to spend our free time at the dog park at Tanglewood with our fur-babies.

What are you enjoying about living in Winston-Salem so far?

I'm a big foodie, so, the restaurants. Fourth Street Filling Station is my favorite. I also love the weather. Even though it's been a pretty cold winter, it's still better than anything I've experienced in Michigan.

Where did you grown up?

Madison Heights, Michigan. It's a suburb north of Detroit.

What do you do for a living?

I am a research manager at Bellomy Research, managing the customer satisfaction program for a major utility.

What accomplishments are you most proud of?

I've always dreamed of moving south, so I am proud of working up the courage to uproot and make it happen. I am also proud of my relationship with my husband, who has been very supportive during such a big life change.

What do you enjoy about volunteering in your community?

Volunteering during events at the Children's Museum has been a special experience. I've enjoyed watching Girl Scouts try healthy recipes, kids' eyes light up at the sight of Santa, and girls show their unique personalities at American Girl events.

Membership

2014-2015: A Preview of the Year Ahead by Christine Kelley Storch

Theme. We have a very exciting year on the horizon. The theme for the year will be “Turning the Page, Enriching the Tradition.” The JLWS is at a crossroad where we have closed the chapter on our beloved Rummage Sale and are now embarking on new community efforts, specifically BookWORM and the Women’s Health Initiative. It is now up to us to remind the community on our mission, and it is imperative that the community understands the volunteer hours and well-trained women we have put into the community for ninety-two years. These contributions are not only measured through our placements, but through the training women have received within our organization and then taken out into the community to accomplish so much within Winston-Salem.

In addition to embarking on our new community projects, we must focus on our membership. Each member of the Junior League of Winston-Salem should know that without her special talents, the organization would be incomplete. Mentoring is the key to a successful JLWS. As we are turning the page, we must look to each other as volunteers, wives, mothers, sisters, daughters, and friends. We must meet each other half way. It is important for us all to recognize who we are, what we value, and how the JLWS values us!

Training. During the upcoming year, we plan to offer numerous training sessions aimed at elevating our member’s whole self. The training sessions prior to the GMMs will continue as well. A list of topics is being put together at this time. We welcome any suggestions from members.

Meetings. Our GMMs will concentrate on our community at large, membership satisfaction, and training. We will hold popular Fall Town Hall meetings, and in March we will have special interest breakout sessions on a broad range of topics.

Events. We are looking to kick off this year with a family picnic in August. Stay tuned for more details. This year will be a big change for all of us without the Rummage Sale. But we have Boutique, Tour of Fine Spaces, and Dine Around to focus on. Boutique was such a success last year that we are excited to continue to grow the event. This year it will be across the street at the Marriott Grand Pavilion. We will have more space and in a very nice location. We are very excited. Tour of Fine Spaces also knocked it out of the park this year. We have some exciting homes and spaces already on the horizon for next year. Don’t forget about Dine A Round! These smaller events throughout the city have

been received so well, and we all look forward to gathering around town again next year.

Placements. This year marks the end of the two-year community placement cycle. There will be the placement review this year, where our community partners submit requests for our trained volunteers to help throughout the city. The proposed placements must fit within our focus of childhood development and women’s health. Also, our signature projects, the Child Abuse Puppet Show, BookWorm, and the Women’s Health Initiative will shine as we grow our own programs this year.

On behalf of the 2014-2015 Board of Directors, we are humbled and grateful for the opportunity to lead this amazing organization, and thank you for your continued service and dedication to the JLWS!

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Board of Directors Retreat

The Junior League of Winston-Salem’s 2014-2015 board retreat was February 21-22, 2014. This has traditionally been a special time for the incoming board to get to know each other and also map out the year ahead. The planning was in full swing on Friday night, discussing each council and the impacts of working together. There was a special guest speaker, Past President and Sustainer Angie Murphrey who inspired each of the members to be the best we can be. She also reminded the board that we all must work together. On Saturday, there was Birkman training facilitated by Active Csilla Dunn and also training on Roberts Rules of Order by current Administrative Vice President Wesley Suttle. The afternoon was spent working together planning and revising the strategic plan for the 2014-2015 year ahead. The incoming board is excited and motivated to work with the membership to ensure that the next year is successful.

Membership Appreciation Month Council Celebrations

During the month of March, the JLWS celebrated the woman power of more than 900 trained volunteers working to make Winston-Salem a better place. The Membership Council organized a series of fun events designed to further the JLWS mission of improving the community, developing the potential of women and promoting voluntarism.

President Elect Christine Storch hosted the Communications, Community, and Membership Councils at her home to celebrate JLWS members' contributions and accomplishments. (The Finance Council event will be held after Rummage Sale).



(Back) Kristin Kelly, Carrie Hileman, Carrie Ross, Elizabeth Marsh, Heather Wilson, Cristen Sessions, (Middle): Christine Storch, Katie Clenenden, Jen Cameron, Amanda Marshall, Alicia Madan, Michelle Griffith, Brittany Hunton and Carmen Sauls, (Front) Rachel Johnson and Lauren Colgrove



Brittany Hunton, Michelle Griffith and Carrie Ross



Rachel Johnson, Katie Clenenden and Jen Cameron

JLWS Awards

At each General Membership Meeting this year, JLWS Awards have been given to those members who have gone above and beyond their in-league duties (the JL award), as well as those who have made significant impacts in the Winston-Salem community (the WS award). A big round of applause goes out to each of these ladies for their passion and hard work!

September JL (In-League): Walker Jones

September WS (Community): Maureen Elrod

January JL (In-League): Boutique Co-Chairs Abby Archer & Brandi Cleveland

January WS (Community): Carrie Vickery

March JL (In-League): Katie Yarbrough

March WS (Community): Sonny Hayes

Past President's Luncheon



The Annual Past Presidents' Luncheon was held on March 20, 2014 at Old Town Club. This event provides an opportunity for the Past Presidents to converse, network, reminisce, and stay informed about the JLWS. President Teresa Inman provided an update on the current year, President Elect Christine Storch gave a preview of the upcoming year, and President Elect Heather Wells read the volunteer blessing. The JLWS has 39 living Past Presidents. In addition, four Past Presidents of other Junior Leagues who transferred membership to the JLWS are included in this event. This group of women provides continuity to our organization and continues to champion the JLWS in the community.

Membership

March General Membership Meeting

The March General Membership meeting held on March 24, 2014 provided a multitude of training opportunities! Jenny Fulton, owner and founder of Miss Jenny's Pickles, was the featured speaker—and what a remarkable lady she is! Additionally, members had the opportunity to attend two of the below breakout session training workshops. “I wanted to attend them all,” stated Active member, Sarah Mitchell. These breakout sessions proved to be quite a hit with members!

Tie One On! Presented by Heather Zifchak, Sustainer – Heather's passion for presentation is contagious (check out her Pinterest boards and you will see for yourself)! This session covered bow-making and gift-wrapping basics that wowed all members, including live demonstrations.

5 Surprisingly Simple Fitness & Nutrition Tips for Busy Women, Presented by Emily Saunders, Active – Emily is the co-founder of Momsanity, a Metabolic Effect Certified Personal Trainer, Nutrition Coach and Group Fitness trainer – yep, she is incredibly fit! Her expert tips on health, fitness and nutrition empowered all women to achieve balance in their lives.

Members learned something to implement in their busy lives!

Twittering Around! Presented by Christine Storch, President-Elect – Interested in Tweeting, but don't know where to start? What's the purpose of a #hashtag anyway? Christine walked members through step-by-step instruction, including how to be a pro at Twitter in 140 characters or less. #unbelievable #mustattendthissession

Note writing Etiquette 101, Presented by Kate Reece, Active – Tired of writing a note that says something like this - “Thank you for the gift. I loved it”? Kate is an expert in etiquette (that's right, she used to be an etiquette camp counselor!) and a former etiquette columnist for Forsyth Woman magazine. Her tips for how to craft the perfect Thank You & Sympathy messages are something members use for years to come!

The Junior League of Winston-Salem would like to thank each member from the Programs & Arrangements “team” for a job well done this year. Thank you all for your hard work—the JLWS couldn't have done it without your help!

2014-2015 Calendar Highlights

September 29, 2014

General Membership Meeting

Week of October 20, 2014

Fall Town Hall Meetings

November 21-22, 2014

Boutique

February 9, 2015

Placement Fair

March 2015 (exact day TBD)

Tour of Fine Spaces

March 23, 2015

General Membership Meeting

May 18, 2015

General Membership Meeting



New Member Group Spotlight



Amy Schultz's New Member Group: Purple Group

Amy Schultz has been in the Junior League of Winston-Salem for one year, and became a New Member Leader to help others have as positive first year experiences as she did. Amy is originally from Topeka, Kansas and joined JLWS to meet other women. Amy says her purple group is unique in that the majority of members work in health care. The purple group also loves to have fun; they went to the Winston-Salem Open and had some special holiday socials as well! Amy is busy in and out of the JLWS. She is very excited to have extended her family, with her first child this past February.



From Left to Right: (Front) Carly Weikel, Jillian Roach, Heather Mathes, Nikki Holder, (Back) Danielle Showalter, Hallie Bartlett, Emmy McKee, Ashley Toompas, Suzanna Roemer (Not Pictured: Nicole Kornblatt)



Meghan May's New Member Group: Light Pink Group

Meghan is the group leader for the light pink group. She is from Temple, Texas and has been in the JLWS for one year. Meghan says the best part of her new member year was Rummage Sale. Meghan admits it was a lot of time and work, but says it was a great way to meet women from other new member groups. Meghan says she became a New Member Leader to create a fun and inviting atmosphere for the ladies in her group and they have had a great time this year! Past group outings included happy hours and visits to local vineyards. Outside of JLWS, Meghan works as an analyst for a healthcare consulting company and is in law school. When she is not volunteering, Meghan enjoys cooking, traveling and cheering on her University of Texas Longhorns!



From Left to Right: Sabrina O'Hare, Christina Dell'Aquila, Katelin Kennedy, Amy Gatto, Megan Donovan, Megan Bosworth, Casey Stephens (Not Pictured: Mary Ivey Stewart & Meredith Segovia)

New Members and the Placement Fair

The February Placement Reception was a huge success; organizers of the event reported a large turnout and felt everyone left informed and ready to choose a placement. Attendees were very grateful for the wonderful spread provided by FLIK Catering and Gigi's Cupcakes. These delicious treats were a wonderful addition to the informative presentations regarding placements. The New Member class heard from over 32 committee chairs and board members as they described the responsibilities, time commitment and community/League impact of their placements. The goal is for all members to find a placement she is passionate about, that improves the community, and fits her individual availability. The Placement Liaisons and New Member Development committees would like to thank everyone who helped make this such a successful event.

Sustainers

Sustainer Daytime Book Club

The Daytime Sustainer's Book Club meets four (4) times a year in various homes of Sustainers. The Book Club reads a variety of books, often centered on women or women's issues. The group has been busy; this year, they have read: *The Help*, *The Tiger's Wife*, *Serena*, *The Lifeboat*, *The Aviator's Wife*, *Olive Kitteridge*, *The Last Runaway* and many others. Bennie Breece, the Daytime Sustainer's Book Club leader, transferred her Junior League Membership when she moved to the area eight (8) years ago. Bennie says that her favorite parts of being involved in the book club is meeting other sustainers and reading something she may not have selected on her own.

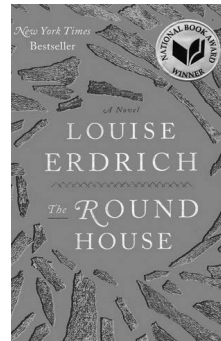
Sustainer Town Hall: Creating a Sustainer Council

On April 23, a group of dedicated Sustainers gathered to finalize the structure for a new Sustainer Council. The women took the ideas generated at the March Sustainer Town Hall brainstorming session and narrowed them down using five criteria:

- Will it provide meaningful engagement opportunities for Sustainers?
- Does it meet the needs of Sustainers of all ages?
- Can it be integrated with the existing Council structure?
- Does it support the mission of the Junior League of Winston-Salem?
- Is it sustainable?

The resulting Council proposal is astounding. It provides a variety of meaningful engagement opportunities from which Sustainers can choose the ones that best fit their interests and their busy lives. It offers various volunteer and social options that will appeal to Sustainers of all ages. It seamlessly integrates with the existing communications, community, finance and membership councils. It weaves the Junior League vision and mission throughout the various Council components. It was intentionally kept to a manageable size to ensure that it remains sustainable.

Sustainer Evening Book Club: 2013-2014 Book Selections



The Round House

by Louise Erdrich

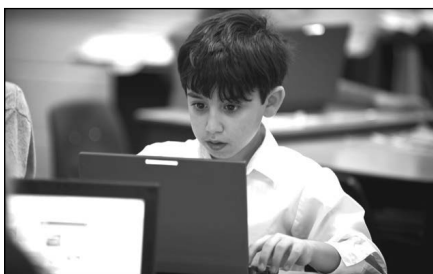
May 13, 2014

at the home of
Katherine Memory

As they envisioned how the Sustainer Council would operate, it was important to the group that it be as open and flexible as possible. Their goal was to provide opportunities for Sustainers to serve in new ways, on new terms, with the hope that it would lead to new and even more important outcomes.

The proposed Council will go before the membership for a vote at the Annual Membership Meeting in May. Prior to that meeting, members will receive a detailed summary of the Council framework, including descriptions for each component. Once approved, more information will be available on how interested Sustainers can sign up to be a part of this exciting initiative.

A special thank you to the women who took time out of their busy schedules to see this initiative through to the end. Your foresight and efforts will help strengthen our organization and ensure that it remains viable for years to come.




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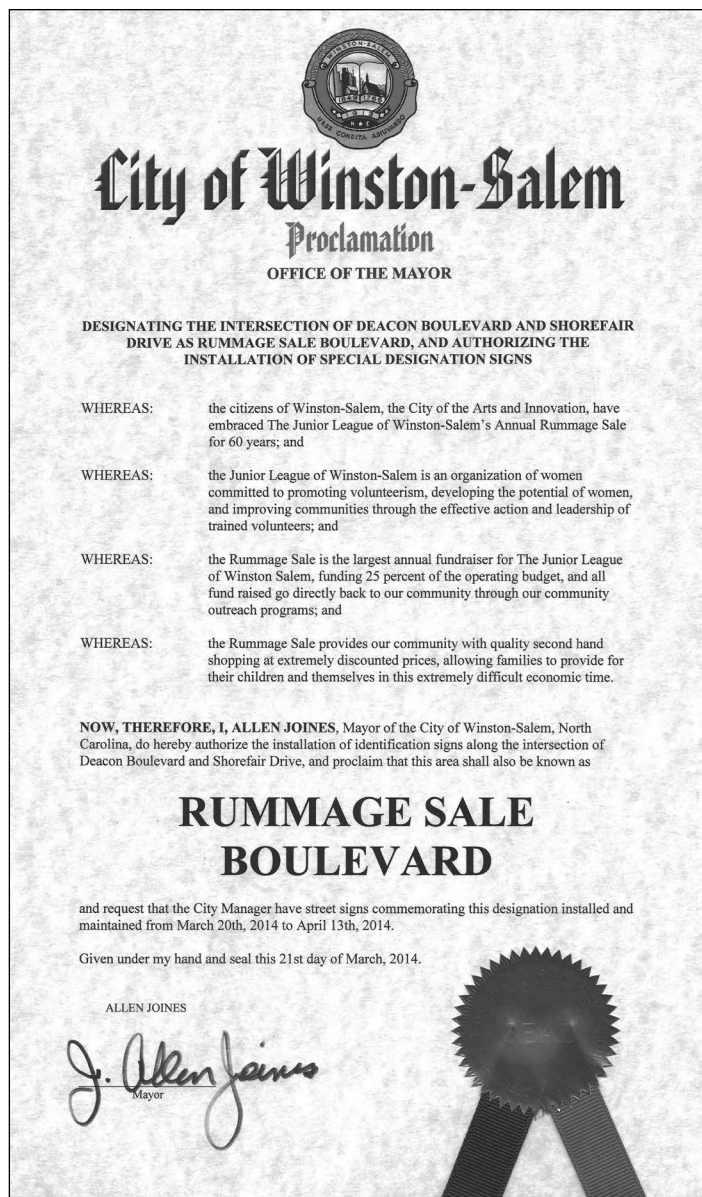
Save the Date:
Boutique 2014
November 21 & 22, 2014



We look forward to seeing all of you at Boutique 2014- the perfect way to kick off the holiday season and support your Junior League! This year's Boutique Holiday Market will begin Friday, November 21st at The Marriott/Benton Convention Center with a Happy Hour for downtown professionals followed by a special evening where we invite you to eat, drink, and be merry while getting a jump on your holiday shopping! This year's evening out will again showcase a silent auction while offering VIP shopping, entertainment, and so much more. The Boutique Holiday Market will open on Saturday, November 22nd for a weekend of holiday shopping, demonstrations, door prizes, and offers shoppers the perfect way to start decking the halls!

The Boutique committee is hard at work planning for this year's market and recruiting the best vendors from across the country. If you are interested in a booth at this year's market or know someone who might be interested, please contact the Boutique chairs at boutique@jlws.org.

The JLWS is committed to the success of Boutique as it grows to become one of our league's major fundraisers, but we need each of you to be there this year, bring your friends, and spread the word. We're counting on each and every new member, sustainer, and active member of the league to attend this year's Boutique events because after all...you want to start the holiday season on Santa's "nice" list! See you at Boutique 2014!



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TOUR
of
FINE SPACES
Junior League of Winston-Salem



The ninth annual Tour of Fine Spaces was a day filled with beautiful weather, great friends, delicious food, and fabulous designs and spaces. Everyone left the day inspired and ready to start his/her own home renovations big and small. Thank you to all of the home and food sponsors and each event sponsor, McCullough Tile and Stone and Schiffman's, Inc. There were approximately 500 people touring the ten featured homes this year! Thank you to everyone who volunteered or purchased a ticket. The Junior League of Winston-Salem looks forward to seeing everyone again next year!

Thank You for Sixty Years of Rummage!



The Junior League of Winston-Salem, Inc. (JLWS) has been holding the Rummage Sale for 60 years. Over six decades, thousands of women have volunteered, over 100,000 working hours have been logged, and approximately \$3.5 million dollars have funded the administrative and community activities of the JLWS. The statistics, longevity, and success of this event speak to the power and capability of the Junior League of Winston-Salem, a highly organized and committed volunteer organization. The success of this event belongs to the entire JLWS membership. Six decades of members are bonded by shared memories and experiences.

The Rummage Sale began in 1954, following the close of the JLWS Thrift Shop. The purpose of the event was both to raise funds and to serve the community. In the early years, the funds raised were contributed to the JLWS "Community Trust Fund" which were granted out to other community organizations and helped establish the organizations founded by the JLWS. As a benefit to the community, the event would provide gently used goods to the public at reduced prices. This model was unique in 1950's and became wildly popular. Shoppers have lined up waiting for the doors to open since it began. The photo of the line in 1966 (above) and the line in 2010 (below) provide

a visual comparison. Over the years, shoppers of all income levels and demographics have found 'treasures' here.

Every JLWS member since 1954 made this event, tradition, and success possible. The JLWS extends a special thank you to six decades of JLWS membership, six decades of Rummage Sale chairs and JLWS leadership, the Sustainers who continued to donate to and/or work this event annually, the JLWS employees who assisted in making the event seamless, the police officers who kept membership safe, and the sponsors and local merchants who contributed to and supported the event.

After sixty years of rummaging, the JLWS held the final Rummage Sale April 10-12, 2014. The event was marked by a special Preview Party Event themed "Toasting a Tradition" to celebrate and honor the history. The contributions of the membership and the community were recognized. President Teresa P. Inman asked those present to raise their glasses with the following toast: "Tonight we are toasting a sixty year tradition of purposeful mission driven work and the power of the JLWS to make an impact upon our community. Cheers to each of you here as well as those who were unable to join us tonight. We thank you for your support of the Rummage Sale and the Junior League of Winston-Salem!"



Community

Spend a Free Hour with a Women's Health Coach

Most of us are so comfortable using smart phones and computers to talk to other people that we can forget the pleasures and benefits of taking time for focused face-to-face conversations. Novant Health understands that when it comes to discussing your personal health, fitness and nutrition goals, being able to talk one-on-one with an experienced women's health coach can be, well, priceless. That's why the Novant Health Maya Angelou Women's Health & Wellness Center at Forsyth Medical Center has a special offer for you – a free, one-hour on-site visit with a women's health coach.

"Whether your interest is to improve your diet, reduce stress, or talk confidentially to someone about a health issue that is concerning you, our women's health coaches are here to help," says Sheila Koone, educator at the center. "The coach will help you assess your health, listen, make suggestions and then work with you to develop a plan. Women usually find their conversations and interactions with the health coach more useful than trying to create health improvement goals and plans on their own, or compared to searching the internet to try to gather information in a hit-or-miss way."

Koone explained that, after the free visit, the women's health coach can continue working with you to provide encouragement and help you stay accountable as you move toward and achieve your goals. She can also connect you to other local resources, if necessary such as the center's prenatal or breastfeeding programs, women's heart & vascular center or midlife clinic.

Please call 336-277-1880 to schedule a free one-hour women's health coach meeting to assess your health status and evaluate if an ongoing schedule with a coach would be right for you. Thirty or 60 minute follow-up visits can be by phone or in person at a rate of \$25 per 30-minute session.

National Women's Health Week: May 11-17

Celebrate National Women's Health Week by making your health a priority. Invite your mom, sisters, friends and neighbors to participate in any of the following free programs.

Tuesday, May 13, 6:30 to 8 p.m.

Everything you want to know but were afraid to ask

Learn about your sexual health, menopause and incontinence through this panel discussion.

Novant Health Conference Center, Forsyth Medical Center

Wednesday, May 14, 11:30 a.m. to 1 p.m.

Healthy lunches on the go

Talk to a nutritionist about making healthy food choices and enjoy a free lunch.

Novant Health Conference Center, Forsyth Medical Center

Preregistration is required.

Sunday, May 18, 3:30 to 5 p.m.

Ask the Doctor

Bring questions for the gynecologist, menopause counselor, nutritionist and neurologist. Open to Healthy Inspirations members only. Join today by visiting

NovantHealth.org/MayaAngelouCenter

Novant Health Conference Center, Forsyth Medical Center

For more information about the Maya Angelou Women's

Health & Wellness Center, or to make an appointment regarding your heart health or midlife health, call 336-277-1880.

All events are free. Please call 336-718-7000 to register or for more information.

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Congratulations to the 2013-2014 New Member class for becoming Active members on Monday, May 19, 2014!

Don't forget the May General Membership Meeting. Expect a fun year-end celebration of the contributions of our members, community partners, and scholarship recipients. Come cheer on fellow JLWS members who received Junior League of Winston-Salem Service Awards and greet the Incoming Board of Directors.



**Member
Milestones**

Active member, **Sarre Boglioli**, recently received a promotion to Clinical Coordinator at Wake Forest Baptist Medical Center at Bermuda Run.

Active member, **Kelly Moose**, recently accepted a new position at D.L. Davis & Company.



**Little Junior
Leaguers**

Helen Marie Stein
December 6, 2013
Christine & Kevin Stein

Carter Graham Harrelson
March 11, 2014
Andrea & Adam Harrelson

Please e-mail any additions to headquarters@jlws.org.


In real estate,
it's called
a closing.
But we like
to think
of it as a
beginning.



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