



## ANNUAL MEMBERSHIP MEETING AND YEAR-END CELEBRATION



As the Junior League of Winston-Salem (JLWS) winds down the 90th Anniversary year, please make plans now to attend the May Annual Membership meeting and Year-End Celebration. The meeting will be held on Monday, May 20, 2013 at 7:00 p.m. at the Forsyth Medical Center Conference Center. At the Annual meeting, members will celebrate the organization's accomplishments over the past year, welcome the New members becoming Actives, and recognize the Active members who are becoming the newest Sustainers. Year-End awards will be presented including the Katharine Reynolds Johnston League Legacy Award; Active, New member, and Sustainer of the Year; Community and In League Placements of the Year; Friend of the JLWS; and Community Partner of the JLWS. The Incoming Board of Directors will be sworn in and members will hear about plans for the upcoming 2013-2014 year. It promises to be a great celebration to top off a wonderful year!

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### May Annual Membership Meeting and Year-End Celebration

**Monday, May 20, 2013**

Forsyth Medical Center Conference Center  
(Free Parking in Visitor's Parking Deck)

**5:30 p.m. - Leadership Training**

(see page 3 for more details)

**5:30 p.m. - Wellness Training**

Dr. Laura Ramsay, WomanCare OB-GYN

**6:30 p.m. - Social**

**7:00 p.m. - Membership Meeting**

### Junior League of Winston-Salem, Inc.

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**Hours:** 8:30 a.m.- 4:00 p.m., Monday-Friday

## Letter from the President



When a major celebration or event comes to a close, people often experience a variety of emotions: relief that the hours spent planning are complete; sadness that the event is over; pride in what the celebration accomplished; and/or hope for what is yet to come. These all are the exact emotions that I am experiencing at the completion of the JLWS's 90th Anniversary year.

It has been an important year for our organization. We have drawn inspiration from the accomplishments of the past and from the women responsible for those many achievements. Our members, through their work in our community placements, have made a positive impact on so many in our local community. Whether with the SECU Family House, the Children's Museum, Backpack Program, or the JLWS Puppet Show – the women of the JLWS have made a significant difference in the lives of children and families across Winston-Salem and beyond.

Our administrative staff and those members serving in in-league placements have kept our organization running smoothly, which is no small feat when you consider the number of people and processes involved. They have kept the lines of communication open – both internally and externally. They have kept their fingers on the pulse of the membership, ensuring needs were met and creating opportunities for personal and professional development. They have planned, re-vamped, and executed a variety of fundraisers, providing the organization with the needed funding to help accomplish our work. We have made a difficult decision to close a chapter of the JLWS's history with the end of the Rummage Sale next year, while looking forward to the opportunities ahead. Our leaders, including our Board of Directors, have strengthened our organization internally and laid groundwork for the future. We have strengthened existing and developed new partnerships with others in our community that we are confident will continue to flourish. Under the direction of incoming President Teresa Inman, incoming President-Elect Christine Storch, and all of the Incoming Board of Directors – the continued success and legacy of the JLWS is certain for many years to come.

In the first issue of the *Informer* this year, I shared words of thanks that I felt needed to be expressed at the very beginning of the year. I think those words deserve repeating now at the year's completion: **THANK YOU** for being a member of the JLWS! Thank you for all the volunteer hours you've contributed that have led to the successes of the year, for the hours of family time you've given up, for the time away from work and other personal commitments.

Please know how much we appreciate you and your commitment to our community and to our organization. As I said then and believe even more so today, the JLWS has an incredible legacy of making a difference in the lives of children and families in our community and is continuing to make a difference today. Whether an Active, Sustainer, or New member (soon to be welcomed as one of our newest Actives), **YOU** are making a difference today. **YOU** are contributing to those successes. **YOU** are a part of that legacy.

Thank you for allowing me to share this journey with you as your President. I wish the very best for each of you as we work together to build better communities in the years to come.

With deepest appreciation,

Heather

The Junior League of Winston-Salem is an organization of women committed to promoting voluntarism, developing the potential of women and improving the community through the effective action and leadership of trained volunteers. Its purpose is exclusively educational and charitable.

### 2012-2013 Board of Directors

**Heather Mackey:** President  
**Teresa Inman:** President-Elect  
**Felecia Manning:** Administrative Vice President  
**Elizabeth Dampier:** Strategic Planning Chair  
**Heather Jenkins:** Communications Vice President  
**Erin Kennedy:** Assistant Communications Vice President  
**Claire Calvin:** Community Vice President  
**Anna Ball Hodge:** Assistant Community Vice President  
**Maureen Elrod:** Finance Vice President  
**Stephanie Moser:** Assistant Finance Vice President  
**Cat Heitz New:** Membership Vice President  
**Kelly Meachum:** Assistant Membership Vice President  
**Erin Jelinek:** Nominating Chair  
**Parker Tegeler:** Volunteer Development Chair  
**Kelly Carswell:** Member-at-Large  
**Julie Groves:** Sustainer Advisor

### Headquarters Staff

**Csilla Dunn:** Administrative Director  
**Margaret Sattler:** Administrative Assistant

The *Informer* is published six times a year in August, October, November, January, March, and May by Junior League of Winston-Salem, Inc.

The *Informer* accepts advertising. For more information, visit [www.jlws.org/informer](http://www.jlws.org/informer)

**Advertising deadline for the August/September issue: July 15, 2013**

### 2012-2013 *Informer* Staff:

Csilla Dunn, Managing Editor  
Meghan Corbett  
Jo Alice Hall  
Heather Mackey  
Carmen Sauls  
Mara Schilly

## February Board Briefs

The JLWS Board of Directors met on February 18, 2013. Terri Crawford attended the meeting to update the Board on the work of the 100th Anniversary Ad Hoc committee. This group has been researching community needs and collecting feedback from members regarding their volunteer interests. At this time there is no formal recommendation for an 100th Anniversary project, however the team members have agreed to stay on for another year to continue their work. Maureen Elrod presented the finance report. Erin Jelinek then provided an overview of the 2013-2014 leadership appointments slated thus far. Teresa Inman provided the Management team update. Next, Stephanie Moser reviewed the process for budget workshop. Teresa Inman facilitated a discussion regarding the Rummage Sale. She provided a detailed Rummage Sale analysis and the Board discussed the findings and ideas for the future. The Board approved a motion to discontinue the JLWS Rummage Sale after the 60th annual sale. In conclusion, Elizabeth Dampier discussed the status of the Strategic Plan.

## March Board Briefs

The JLWS Board of Directors met on March 18, 2013. Maureen Elrod provided the finance report, reviewing the 90th Gala, annual giving and dues. Felecia Manning reviewed the membership 2013-2014 change of status information and presented a motion affecting Membership Policies Section IV, B. – Reinstatements to reinstatement a member who previously resigned. That motion passed. Teresa Inman provided an update of the Management team meeting discussion. Heather Mackey gave an update on the March General Membership Meeting (GMM) plans. The Board discussed changes to the 2013-2014 budget for GMM. There was also discussion on the DIP award recipients. Erin Jelinek then provided a nominating update and asked for council vice presidents and assistant vice presidents to request nominations for the Active and Sustainer of the Year. Teresa Inman and Heather Mackey updated the group about the status of the Rummage Sale and the communications to membership. There will be two question and answer sessions held; one immediately prior to the March GMM and the other the following morning at the Children's Museum for members who wish to discuss the Rummage Sale decision further. Next, Kelly Meachum and Catherine New shared information about the scholarships and awards for the year. In conclusion, Elizabeth Dampier discussed the status of the Strategic Plan.

## May Leadership Training

On May 20, 2013 prior to the last GMM of the JLWS year, the Volunteer Development committee will be hosting a leadership transition training. The purpose of this event is to promote an informed and successful transition of members holding leadership positions within the JLWS. The event will begin with a short address from both the out-going and in-coming presidents and will continue with smaller transition meetings, which will be broken out according to councils. With the use of directives, members who are concluding their leadership role will have time to communicate expectations, strategies, and suggestions to the incoming leader who will be taking over the position. The Volunteer Development committee is excited to host this training and they look forward to helping promote a successful leadership transition for the 2013-2014 JLWS year.

## General Membership Meeting Calendar

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**May 20, 2013**

6:30 p.m. Social

7:00 p.m. Meeting

Forsyth Medical Center Conference Center



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# Membership



## Ask Your Member-at-Large

**Q:** Help! I am a New member and getting ready to become an Active member. My New member mentor has been great this year, but I'm worried about not having her next year. Who do I go to?

**A:** Not to worry, you are not alone. As the year comes to a close and your placements are set for your first Active year, the group you had moves on to different placements. Some of you would still like to have a familiar face to go to. This feedback has helped shape a new program for next year available to first year Actives. A mentoring program is in place to ensure members feel more connected to the JLWS, attend events with someone they know, or just need some guidance navigating all the JLWS has to offer.

This is NOT a placement. This is a mentorship. We are asking for the mentors to share your knowledge about the JLWS, about Winston-Salem, and most importantly we are asking you to share some time with these women that are in their first year. With your mentoring, we are hoping to provide the first year Actives with a successful transition to their first year of service in the JLWS.

While the program is still being developed it is important to note that this mentorship is optional and not a placement. There will not be a mentor automatically assigned for next year. You must sign up for one if you are interested.

Active members are not required to be a mentor, but we would love for you to sign up to be one. We have a few group activities planned such as: a brief mentor training, match night which will be a fun social to match mentor and mentees and other social gatherings throughout the year. Please contact Grace Neal at [placementliaisons@jlws.org](mailto:placementliaisons@jlws.org) with ideas or if you would like to become a mentee or mentor.

## Getting to Know the Members



### Active Member Profile: Jacqui Duncan

**Hometown:** Knob Noster, Missouri

**Family:** Garfield (husband), Twin girls: Alexis and Jordan (eleven)

**Profession:** Asset Manager for Wells Fargo

**Years in the JLWS:** Five

**Favorite placement:** Children's Museum Family Fun Night

**Fondest JLWS memory:** Seeing the children's faces light up at the Children's Museum

**JLWS influence in everyday life:** The JLWS has inspired me to make a contribution to my community; the spirit of volunteerism is infectious.

**Favorite quote:** Psalm 118:24 "This is the day the Lord has made; let us rejoice and be glad in it."



### Sustainer Member Profile: Carol Fagg

**Hometown:** Johnson City, Tennessee

**Family:** Barry (husband), son: Alex (twenty-one), and son: Wes (eighteen)

**Profession:** Used to be in human resources with Aon Corporation (formerly Booke & Company)

**Years in the JLWS:** A member since 1985- twenty-eight years!

**Favorite placement:** Chairing the "Just for Funds" shop. I loved the store and had a great committee two years running!

**Fondest JLWS memory:** I don't know if it's the "fondest" but it certainly has always stuck in my mind. I was working the Rummage Sale at the Benton Convention Center as a Provisional (New member) in the linen department. Almost all of the Provisionals had to work the linen department back then. A lady came in a bought \$700 worth of sheets and towels and each item was less than \$2.00 each! It took about forty-five minutes to get her counted up and loaded on (several) carts and out the door!

**JLWS influence in everyday life:** I was new to Winston-Salem when I joined. JLWS gave me (almost immediately, I might add) friends and purpose in my new community. In my everyday life, those connections to wonderful women and a wonderful city continue on today.

**Favorite quote:** "Friendship is born at that moment when one person says to another: "What! You too? I thought I was the only one." - CS Lewis

## 2013-2014 JLWS Board of Directors Retreat

The 2013-2014 incoming Board members met at Old Town Club and the Brookberry Farms clubhouse on February 22 and 23, 2013 for a planning and team building retreat. The purpose of the retreat was for Board members to get to know one another, learn more about the roles, set goals and engage in strategic planning for the coming 2013-2014 JLWS year. Past President and incoming Sustainer Advisor to the Board Allison Reaves led a session on How to Be an Effective Board Member, and members also participated in a team personality assessment session on Birkman Group Dynamics led by Administrative Director Csilla Dunn.

The 2013-2014 JLWS Board will be installed during the May GMM and led by incoming President Teresa Inman under the year's theme: *Defining Our League, Defining Ourselves*

## 2013-2014: A Preview of the Year Ahead by Teresa Inman

**Theme.** The upcoming year brings many opportunities to the JLWS. The theme for the year will be Defining Our League, Defining Ourselves. This organization is at a critical point where we must define ourselves in the public eye. Through marketing efforts, both broad scale and grassroots, the JLWS must educate the community on our mission. This is especially critical at this time. As we close a large chapter of our history, we must explain that we are not just an organization that hosts an annual Rummage Sale in April. It is imperative that the community understands the volunteer hours and trained women we have put into the community. These contributions are not only measured through our placements, but through the training women received within our organization and then took out into the community and accomplished great things.

In addition to defining the JLWS we will examine how we, the members, fit into the organization. Our members are the biggest assets in our organization. They possess experience and a wealth of knowledge that is available to be shared within our organization. Through mentoring, we can truly tap into our large asset pool and, in turn, both the organization and the membership will reap large benefits. Throughout the year we will examine how we as members have many roles. We are mentors, volunteers, wives, mothers, sisters, daughters, and friends. We provide value to so many! It is important for us all to recognize who we are, what we value, and how the JLWS values us!

**Training.** During the upcoming year, we plan to offer numerous training sessions aimed at cultivating our members. We will build upon the successful event last fall and utilize Sustainers, who serve as mentors to our Active membership, to bridge the membership classes. This group of women has wisdom on many topics that they can share with the Active membership. The training sessions prior to the GMMs will continue as well. A list of topics is being put together at this time. We welcome any suggestions from members.

**Meetings.** Our GMMs will concentrate on empowering women, teamwork and, mentoring. We will continue with our Fall Town Hall meetings, as they give members a chance to speak their voice and meet in smaller groups. Also, in March we will have special interest breakout sessions in lieu of a full meeting with a speaker.

**Events.** A large focus of the upcoming JLWS year will be on the final Rummage Sale. As we celebrate the completion and success of the 2013 event, we must immediately start looking toward plans for the final year. Sixty years of hard work has created an event synonymous with our name. An Ad Hoc has been established to celebrate and honor this final Rummage Sale. This group will work with the established committee to help brainstorm, guide, and support them. Expect to see lots of familiar faces from Rummage Sales past, special events, and publicity. If you have ideas for the Ad Hoc or the Rummage Sale, please share them.

Other new and exciting changes are coming to other JLWS fundraisers, as well. We are continuing to tweak Boutique, in order to build upon our efforts. Look forward to more details soon! Also, Dine Around is being revived to provide members a social outlet while raising funds for our community projects.

**Placements.** In keeping with our plan to grow the JLWS name, there are two new placements aimed at developing JLWS community brand. A book drive and a women's health placement will begin the planning stages this year and will be implemented in the 2014-2015 year. These projects, along with the Puppet Show, will be JLWS signature projects. Also, we have several new community partners next year. This will provide placement variety while continuing our work in childhood development and women's health.

On behalf of the 2013-2014 Board of Directors, thank you for the opportunity to lead this amazing organization and thank you for the value you add to the JLWS!



**Top Row from left to right:** Teresa Inman, Allison Reaves, Yvette Boland, Katie Neal, Elizabeth Dampier, Stephanie Moser, Christine Storch

**Lower Row from left to right:** Csilla Dunn, Wesley Suttle, Erin Kennedy, Grace Neal, Anna Ball Hodge, Carrie Ross, Kelly Meachum, Amine Seifert, Melissa O'Buch

### 2013-2014 Calendar Highlights

**September 23, 2013**

General Membership Meeting

**Week of October 22, 2013**

Fall Townhall Meetings

**November 15-17, 2013**

Boutique: A Holiday Shopping Event

**January 27, 2014**

General Membership Meeting

**February 10, 2014**

Placement Fair

**March 2014 (exact day TBD)**

Tour of Fine Spaces

**March 24, 2014**

General Membership Meeting

**April 7- 12, 2014**

Rummage Sale Week

**May 19, 2014**

General Membership Meeting

## Tour of Fine Spaces

Congratulations to the Tour of Fine Spaces committee and volunteers that helped make the Eighth Annual Tour of Fine Spaces a great success! There were almost 350 tour goers and each house was very well received. The event could not have been as successful without the help, organization, and leadership of Aimee Rowe, chair, Lindsay Hodgson, assistant chair, Andrea Coutts, JJ Elliott, Cristen Fletcher, Mary-Forbes Harrell, Ashlin Owen, Emily Reel, Laura Utterback, Nina Walters and the many JLWS volunteers. Thanks to all for a fabulous event!



## Get Ready to Dine Around with the JLWS!

During the 2013-2014 year, the JLWS is reviving the Dine Around placement. This is a fun fundraiser for the JLWS and a great way to socialize with members. Members will host fixed fee dinner parties in which the guests pay their meal fee to the JLWS. In the past, these events have been very successful and loved by members. Members that are interested in hosting an event or would like more information are asked to contact Teresa Inman at [presidentelect@jlws.org](mailto:presidentelect@jlws.org). More information will be available this summer!



**SAVE THE DATE: November 15 and 16, 2013**  
**Boutique 2013**

Save the date for Boutique 2013 - the perfect way to kick off the holiday season and support the JLWS! This year's Boutique Holiday Market will commence with the second annual "Bubbles, Baubles, and Bags" Girls Night Out event, where everyone is invited to eat, drink, and be merry while shopping on Friday, November 15 at the Benton Convention Center in downtown Winston-Salem. This year's Girls Night Out will again showcase a silent auction of designer handbags and fine jewelry while offering VIP shopping, entertainment, and so much more. The Boutique holiday market will be on Saturday, November 16, 2013 and offer holiday shopping, demonstrations, and door prizes allowing shoppers the perfect way to start decking the halls!

The Boutique committee is hard at work planning for this year's market by recruiting the best vendors from across the country. Those interested in a booth at this year's market are asked to contact the Boutique chairs at [boutique@jlws.org](mailto:boutique@jlws.org).

The JLWS is committed to the success of Boutique as it grows to become one of the major fundraisers of the year, but it needs the help of every member to spread the word and attend the event. The JLWS is counting on each and every New member, Active, and Sustainer to attend this year's Boutique events because after all... everyone wants to start the holiday season on Santa's "nice" list!



**Please support the JLWS  
 2012-2013 Annual Fund.  
 Donations are welcome  
 and greatly appreciated!**

**Rummage Sale Boulevard Proclamation**

JLWS was excited that once again this year, a portion of University Parkway near the LJVM Coliseum Complex, carried the honorary name of "Rummage Sale Boulevard" leading up to and during the sale. The Rummage Sale committee and JLWS members gathered on March 22, 2013 where Winston-Salem City Council member James Taylor read the official Proclamation of Rummage Sale Boulevard. The JLWS was thrilled to be able to do this for a second year and take advantage of the marketing opportunity the signs will provide the sale!



**City of Winston-Salem**  
**Proclamation**

OFFICE OF THE MAYOR

DESIGNATING THE INTERSECTIONS OF UNIVERSITY PKWY AND DEACON BLVD, AND UNIVERSITY PKWY AND COLISEUM DR AS "RUMMAGE SALE BLVD," AND AUTHORIZING THE INSTALLATION OF SPECIAL DESIGNATION SIGNS

- WHEREAS: the citizens of Winston-Salem, the City of the Arts and Innovation, have embraced The Junior League of Winston-Salem's Annual Rummage Sale for 59 years; and
- WHEREAS: the Junior League of Winston-Salem is an organization of women committed to promoting volunteerism, developing the potential of women, and improving communities through the effective action and leadership of trained volunteers; and
- WHEREAS: the Rummage Sale is the largest annual fundraiser for the JLWS, funding 25 percent of the operating budget, and all funds raised support our mission of improving the community through our community outreach programs which are primarily aimed at mentoring youth ages birth through 18 years and educating women on the importance of a healthy diet and active lifestyle; and
- WHEREAS: the Rummage Sale provides our community with quality second hand shopping at extremely discounted prices, allowing families to provide for their children and themselves in this extremely difficult economic time.

**NOW, THEREFORE, I, ALLEN JOINES**, Mayor of the City of Winston-Salem, North Carolina, do hereby authorize the installation of identification signs along the intersections of University Pkwy and Deacon Blvd, and University Pkwy and Coliseum Dr, and proclaim that these areas shall also be known as

**RUMMAGE SALE BLVD**

and request that the City Manager have street signs commemorating this designation installed and maintained from March 20, 2013 to April 20, 2013.

Given under my hand and seal this 20<sup>th</sup> day of March, 2013.

*J. Allen Joines*  
 ALLEN JOINES  
 Mayor



## Community

### Pressure Building?

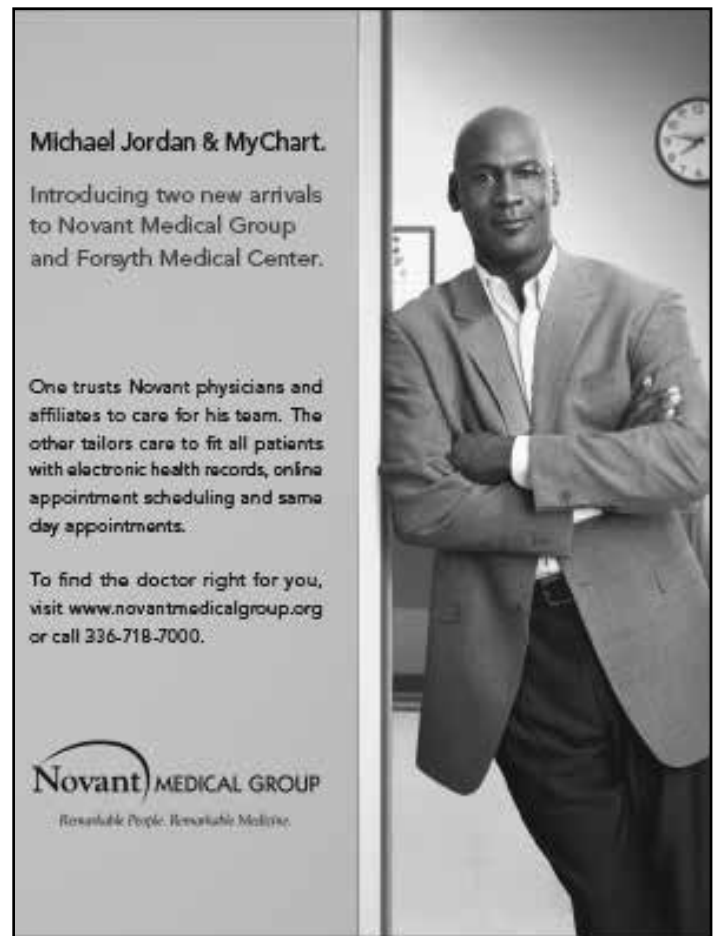
May is National High Blood Pressure Education Month. In the United States today, about 68 million people are living with high blood pressure, also known as hypertension. The good news is that high blood pressure can be prevented and controlled. The bad news is less than half of the population with high blood pressure actually has it under control. High blood pressure is an important health concern because it leads to heart attack and stroke, two of the leading causes of death in the United States. In 2008 alone, hypertension was a primary or contributing cause of death for more than 347,000 Americans. High blood pressure is also a major risk factor for other diseases such as congestive heart failure and kidney disease. High blood pressure is sometimes called a “silent killer” because it often does not have any signs or symptoms. Apart from those with known high blood pressure, about eight percent of American adults have hypertension but have never been diagnosed. That’s why it’s important to check your blood pressure regularly and to take steps to maintain normal blood pressure or lower blood pressure if it reaches unsafe levels.

In addition to reducing sodium, there are other lifestyle changes you can make to help keep your blood pressure within a healthy range:

- Have your blood pressure checked and then monitor it regularly
- Maintain a healthy body weight
- Exercise regularly
- Eat more fruits and vegetables
- Don’t smoke
- Watch your alcohol intake (fewer than two drinks per day for men, or one drink per day for women)
- If you have been prescribed blood pressure medication, take it as directed
- If you have trouble with side effects, talk to your healthcare professional about other medications you can try

Do you need a physician? Give us a call at (336)718-7010 and we’ll help you find one.

**Thank you to Forsyth Medical Center for providing wellness articles and tips for better health to the *Informer* for the 2012-2013 year!**



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#### **The JLWS would like to thank the following community agencies for their partnership this year in helping carry out the JLWS mission:**

BestHealth (Wake Forest Baptist Medical Center)  
Big Brothers/Big Sisters  
Chat and Snack/Family Support Network of Greater Forsyth  
Children’s Museum of Winston-Salem  
Cook Elementary  
Crosby Scholars  
Forsyth Medical Center  
Girls on the Run of Forsyth County  
Goler Community Garden  
Maya Angelou Center for Women’s Health  
Second Harvest Food Bank of Northwest North Carolina  
SECU Family House  
Smart Start of Forsyth County  
The Children’s Home/My Aunt’s House  
Winston-Salem Chamber of Commerce

## JLWS Impact in the Community

Each year, the JLWS is fortunate to have Active members who serve the community through Special Placements and as Community Board Representatives (CBRs). Those serving in Special Placements have been approved to have their significant leadership volunteer commitment with another Forsyth County organization count towards their yearly JLWS placement requirement. CBRs serve as full members of local nonprofit's Board of Directors to help build that organization's capacity. They serve as the "eyes and ears" of the community: helping to identify areas of collaboration and service, as well as increase awareness of other organization's volunteer work and community impact.

This year, the JLWS was honored to have the following members serving the needs of Winston-Salem/Triad organizations in such capacity. These women include:

### Special Placements

Candice Wooten-Brown  
 Sarah Holthouser  
 Shaida Horner  
 Beth Skorich

### Community Board Representatives

Jennifer Bryan  
 Claire Calvin  
 Leah Crowley  
 Elizabeth Dampier  
 E Davis  
 Kristen Duchac  
 Csilla Dunn  
 Julianna Gyves  
 Heather Hubbard  
 Elizabeth Lee Lawley  
 Cindy Lorenzetti  
 Alicia Madan  
 Elizabeth Nolan  
 Mia Sloan  
 Debbie Smith



## New Members

### New Member Cookbook Contest Results

As a class this year, the New members participated in a contest to see who could sell the most JLWS Stirring Performances cookbooks. In total they sold almost forty cookbooks, with an estimated profit of \$800.00. Big thanks go out to everyone who participated in the contest, and a special thanks to the winners of the cookbook contest (who combined accounted for nearly one-third of the total cookbooks sold): Nicole Abolins, Amanda Davis, Jordan Hauser, and Carolyn Hern.

### New Members and the Placement Fair

In February, the annual placement process was kicked off with a Placement Reception at the Summit School Dining Hall. New members met briefly beforehand to learn about topics including the importance of placement liaisons and the process for obtaining leadership positions. After the meeting, New members joined Actives to listen to speakers Ragan Folan, President and CEO of Old Salem Museum and Gardens, Teresa Inman, President Elect, and Anna Ball Hodge, Assistant Community Vice President. Members also visited booths and new community partners including The Healing Center, Center for Smart Financial Choices, Shepherd's Center, Augustine Project, Brenner Fit-Family Meals Made Easy, and Brenner Fit-Beautiful Me.



### Congratulations to the 2012-2013 New member class for becoming Active members on Monday, May 20, 2013!

Nicole Abolins	Jennifer Lawson
Brie Alford	Monica Leslie
Julie Antrim	Anna Livingston
Lucretia Berry	Julie Long
Sarah Blackwell	Brittney Maine
Sarah Boerkircher	Emilee Marchesiello
Sarre Boglioli	Megan Massey
LaTanya Bowman	Meghan May
Teresa Braeckel	Mary Grace McAlexander
Carrie Brooks	Katherine McBroom
Wilma Burdis	Shewana McSwain
Tiffany Cagle-Schrift	Sarah Mitchell
Dawn Calhoun	Jessica Moorefield
Anna Marie Carr	Kelly Moose
Kelly Carter	Brooke Orr
Chelsea Carter-Ellis	Lauren Pashke
Elizabeth Chmelo	Nilam Patel
Barbara Cini	Samantha Perrotta
Elizabeth Coldagelli	Jacqlyn Piscetelli
Lauren Cook	Haven Powell
Lauren Crofts	Kate Przybylowicz
Amanda Davis	Anna Ramsay
Eleanor-Scott Davis	Elizabeth Richardson
Jennifer deGuzman	Jessica Rodgers
Elizabeth Douglass	Heather Rompel
Jessica Dowell	Abby Rudd
Susan Edwards	Kelly Russo
Patsy Elliott	Heather Sapp
Lisa Emmerich	Amy Schultz
Ryann Epley	Holly Sellers
Stephanie Flores de Valgaz	Jennifer Shultz
Valeria Ford	Salem Simmons
Jacqueline Friedman	Kimberly Struglinski
Mary Frances Garren	Courtney Team
Jordan Hauser	Ann Bennett Thomas
Sonny Haynes	Laura Utterback
Carolyn Hern	Kathryn Vernon
Cortney Holmes	Carrie Vickery
Rita Hovda	Mary Kathryn Vincent
Brittany Hunton	Brigham Wall
Jessica Inkster	Eliza Walmsley
Nicole Irrobali	Ariel Whitman
Candace Johnson	Katelyn Wiese
Andrea Kiester	Cassi Williams
Megan Kinney	Katharine Williams
Stephanie Knight	Brittany Wurdeman
Lauren Knipp	Katy Wyatt
Rebecca Koza	Katherine Yarbrough



## Sustainers



## Past Presidents Luncheon

The JLWS Past Presidents Luncheon was held on Monday, March 18, 2013 at the Spring House restaurant in downtown Winston-Salem. It was attended by thirty two of the Past, present, and future Presidents. Before lunch, President Heather Mackey shared an update on the current JLWS year and the decision made regarding Rummage Sale. President Elect Teresa Inman shared highlights planned for the 2013-2014 year and President Elect Christine Storch led the group in the Volunteer's Prayer.

### Attendees in alphabetical order:

Pat Avetta, Cindy Christopher, Susan Conger, Anne Copenhaver, Leah Crowley, Aurelia Eller, Nancy Fagg, Barbara Fehrbach, Mary Ellen Haley, Kara Helms, Lynn Howland, Teresa Inman, Heather Mackey, Meredith Masten, Allison McCall Joyner, Loy McGill, Katherine Memory, Caroline Mitchell, Angie Murphrey, Tog Newman, Marianne Northington, Anita Ogburn, Heather Parker, Becky Perkinson, Nancy Pleasants, Shannon Rainey, Allison Reaves, Nancy Spaugh, Christine Storch, Jean Olive Stubbs, Allison Watts, and Lu Anne Wood.

## JLWS 90th Anniversary Gala a Huge Success!

Thanks to everyone who was able to come out to attend the 90th Anniversary Gala at Old Town Club on March 2, 2013. It was wonderful seeing Sustainers, Actives, and New members coming together to celebrate and honor the legacy of the organization and its many accomplishments. Thanks to the planning committee consisting of Whitney Webster (chair), Heather Bumgarner, Susan Conger, Kate Reece, Julianna Strickland, and Sarah Wright for all their hard work into the event. Thanks, too, to Lorre Ruffin for hosting the Past Presidents' Reception at her beautiful home prior to the Gala. What a great way to kick off the 90th Anniversary month!



## Sustainer Evening Book Club

### 2012-2013 Book Selections



**May 14, 2013 at 7:00 p.m.**  
 (at the home of Katherine Memory)  
**Stone Arabia**  
 Dana Spiotta (novel)

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## Noteworthy



### Volunteers of Distinction

The **Tour of Fine Spaces committee** for planning an exceptional event.

The **Rummage Sale committee** for their creativity and passion with the 59th JLWS “Renew With” Rummage Sale.

The **Nominating committee** for their countless hours and meetings to slate (and sometimes re-slate) leadership positions for the current and future year.

Sustainers **Julie Williams** and **Stacy Owen, Sustainer Social Committee co-chairs**, for planning fun-filled events that brought the Sustainers together.

**New Member Development committee** for their hard work leading the newest members through a successful year of training and introduction to the JLWS.

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### Member Milestones

Active member, **Katherine Campbell**, was recognized as a semi-finalist for 2013-2014 Teacher of the Year in Winston-Salem Forsyth County Schools.



### Junior League Transitions

#### Transfers from Winston-Salem:

**Katharine (Trina) Erickson** (Active)  
Washington, D.C.

**Cassandra Fahey** (Active)  
Charlotte, North Carolina

**Lori Hutcherson** (New member)  
Charlotte, North Carolina

**Abby Lauer** (New member)  
Washington, D.C.

**Elizabeth Rebo** (Active)  
Charlotte, North Carolina

**Smruti Shah** (Active)  
Durham and Orange Counties,  
North Carolina

#### Transfers to Winston-Salem:

**Emily Beeler** (Active)  
Northern Virginia

**Robin Noakes** (Sustainer)  
San Antonio, Texas

**Chelsea Reed** (Active)  
Greensboro, North Carolina



### Marriages

**Kelly Meachum and Jacob McConnico**  
May 4, 2013



### Little Junior Leaguers

**Mary Alice Collins**  
January 24, 2013  
Stephanie and Derrick Collins

**Ester Worth Stockton**  
March 5, 2013  
Djuna Osborne and Swis Stockton

**Stuart Hale Russell, Jr.**  
March 10, 2013  
Marley and Stuart Russell

**Leona Inez Whitman**  
March 13, 2013  
Ariel and Matthew Whitman

**Lillabeth Davidson Grein**  
March 19, 2013  
Alison and Time Grein



### In Memoriam

**Karen Ammons Howell**, daughter of Sustainer Anne Southern Howell  
March 4, 2013

**Vincent Robert Hughes**, father of Sustainer and Past President Pam Ball  
March 9, 2013

# March General Membership Meeting

The March General Membership meeting held on March 25, 2013 was a great celebration of 90 years for the JLWS! New members, Actives, and Sustainers came together to display the JLWS throughout the years with a fashion show from every decade.



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