



Speaking our voice,  
sharing our ideas,  
shaping our League.

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## October Town Hall Meetings

Members can choose the date and time that best meets their individual schedules.

**Monday, October 21, 2013**

(day or evening)

**Tuesday, October 22, 2013**

(day or evening)

**Wednesday, October 23, 2013**

(day or evening)

**Thursday, October 24, 2013**

(day)

**Monday, October 28, 2013**

(evening)

**Tuesday, October 29, 2013**

(day)

**Junior League of Winston-Salem, Inc.**

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**Hours:** 8:30 a.m.- 4:00 p.m., Monday-Friday

# Letter from the President



This year we have embarked upon the task of defining the Junior League of Winston-Salem, Inc. (JLWS) and the membership's role as a part of it. So, we should begin by asking ourselves "What is the Junior League of Winston-Salem?" Of course the easy answer is an organization of women committed to promoting voluntarism, developing the potential of women, and improving the community through the effective action and leadership of trained volunteers. The mission statement is an accurate sum of our identity. However, our true identity is much deeper. To truly understand us, you must examine what we have done, what we are, and how we guide our future endeavors.

In the month of September the JLWS ran a public awareness piece on a local TV channel. The purpose of this message was to educate the public on the JLWS by utilizing some of our most high profile accomplishments. It is very likely that many people did not realize that we started so many well-known institutions. This is a crucial year to remind the community that we have given them much more than a Rummage Sale. I hope each of you watch and share the video with pride. We are all ambassadors for the good of this organization and each of us should look for ways to heighten our awareness in the community.

The JLWS is a membership organization. In a membership organization the most important assets are the members. We exist for the benefit of our members and you make us who we are. This is your organization. We strive to provide you with opportunities that will be fulfilling and meaningful in your lives. We provide opportunities from one end of the spectrum to another. They run the gamut from outlets for community involvement and impactful community activities, to empowering membership meetings, to League Linker events and interest groups for education and enrichment on specific topics. Furthermore, we have added mentor opportunities this year to deepen the membership experience across service years. We are also taking steps to re-engage Sustainers with our Active membership; thus, truly utilizing our vast membership's skills and talents. I encourage you to take advantage of what the JLWS has to offer. For example, attend the GMMs, attend a League Linkers event, sign up to host or attend a Dine Around, shop at Boutique, or sign up to be a mentor or mentee. The JLWS is a sum of its parts and we have many talented pieces of this organization. I challenge you to be an active part!

The formation of the future identity of the JLWS begins today. The collective voice of our members direct and guide this organization. The upcoming Town Halls are a key method for obtaining this direction. This is an opportunity for you to voice your thoughts or concerns and provide feedback. Find one that fits your schedule or plan to attend one with friends. These are a great platform for members. I personally enjoy the chance to talk in smaller groups and interact one on one. The feedback that is collected at each session is compiled and searched for trends. This data then enables the Board, councils, and committees to determine the best course of action for the JLWS. We have several key committees and issues (100th Anniversary, JLWS Women's Health placement, membership classifications, etc.) that are currently being examined. This is your organization and your voice. Make it heard!

While the official mission of the JLWS is the obvious way to define this organization, our identity stretches way beyond those words. It exists inside each of our members (all 950 of them), it exists in buildings around town that we built, and it exists inside the hearts of those we have touched. This is the spirit of the JLWS and it is not captured on paper. It exists collectively in the souls of six decades of women who have sorted rummage together and in a community where people reap the benefits of our work on a daily basis. I hope each of you feels the magnitude of our identity and is proud to be a part of it. We all are the JLWS!

Thank you for being a part of the JLWS!

The Junior League of Winston-Salem is an organization of women committed to promoting voluntarism, developing the potential of women and improving the community through the effective action and leadership of trained volunteers. Its purpose is exclusively educational and charitable.

## 2013-2014 Board of Directors

**Teresa Inman:** President  
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**Erin Kennedy:** Communications Vice President  
**Heather Hubbard:** Assistant Communications Vice President  
**Anna Ball Hodge:** Community Vice President  
**Yvette Boland:** Assistant Community Vice President  
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**Katie Neal:** Assistant Membership Vice President  
**Amine Seifert:** Nominating Chair  
**Carrie Ross:** Volunteer Development Chair  
**Grace Neal:** Member-at-Large  
**Allison Reaves:** Sustainer Advisor

## Headquarters Staff

**Csilla Dunn:** Administrative Director  
**Margaret Sattler:** Administrative Assistant

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The *Informer* accepts advertising. For more information, visit [www.jlws.org/informer](http://www.jlws.org/informer)

**Advertising deadline for the January 2014 issue: December 6, 2013**

## 2013-2014 *Informer* Staff:

Csilla Dunn, Managing Editor  
Julie Antrim  
Meghan Corbett  
Patsy Elliott  
Desiree Knight  
Brooke Orr

## Nominating Committee Selection Process

New members of the Nominating committee are selected through an application process and then approved by an election of the JLWS membership at the January GMM. The Nominating committee is represented by:

- Four Actives from the two through six years of service category
- Two Actives from the seven and over years of service category

Nominating committee members serve a two-year term and should possess a broad range of Junior League experiences. Committee members must be able to objectively evaluate a person's potential for leadership and set friendships aside. Upon selection, the member will be required to sign a confidentiality agreement and maintain that confidentiality and a level of integrity, maturity, objectivity, and foresight at all times as leadership decisions are based on what is in the best interest of the JLWS as a whole. While serving on the Nominating committee, the member is not eligible to be nominated for any Board position and may not serve on any other committees.

Applications are now available for those who are interested in applying for a position for the 2014-2015 Nominating committee. The current Nominating committee will review all applications submitted and will select the most qualified individuals for each membership category. Once candidates are selected, the current Nominating committee will present a proposed slate of new members of the Nominating committee to be voted on for approval at the January 2014 GMM.

All eligible JLWS members interested in serving on the 2014-2015 Nominating committee are encouraged to complete an application. The application can be found online at [www.jlws.org](http://www.jlws.org) in the Members Only section under the Forms and Documents tab. Applications are due by Monday, November 4, 2013. Contact Nominating Chair, Amine Seifert, with any questions at [nominating@jlws.org](mailto:nominating@jlws.org).



### General Membership Meeting Calendar

#### October 2013

Town Halls  
Times and locations will vary  
(See page 5.)

#### Monday, January 27, 2014

(Voting Meeting)  
6:30 p.m. Social  
7:00 p.m. Meeting  
Novant Health: Forsyth Medical Center  
Conference Center

#### Monday, March 24, 2014

6:30 p.m. Social  
7:00 p.m. Meeting  
Novant Health: Forsyth Medical Center  
Conference Center

#### Monday, May 19, 2014

6:30 p.m. Social  
7:00 p.m. Meeting  
Novant Health: Forsyth Medical Center  
Conference Center

Admission Open House, October 19, 10 a.m.

## ACHIEVE YOUR POTENTIAL

With small class size at the core of the school's curriculum, teachers at Forsyth Country Day School can focus on what they do best: helping each student excel in school and life.

Forsyth Country Day School [fcds.org](http://fcds.org)  
336-945-3151

## Membership



### Ask Your Member-at-Large

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Grace Neal

#### Question:

I have heard about the new Dine Around placement, and I was hoping to learn more about it. What can you tell me about this placement?

#### Answer:

Dine Around has actually been a placement in the past and the JLWS is implementing this placement again to generate funds and to provide a social opportunity for members. Dine Around will identify JLWS members that are willing to host small gatherings that other Junior League members and friends pay to attend. Members can host events alone or with a group of women. Hosts are responsible for all expenses incurred, but these expenses are tax deductible. The cost to attend an event will vary and advanced ticket purchase is required. Tickets will be available for purchase through the JLWS web site or directly from JLWS Headquarters. Past events have included themed dinner parties, girl's nights out, and family parties. Dine Around functions will be posted online as they occur throughout the year. Dine Around is a great way to support the JLWS while having fun with other Junior League members and friends.

If you are interested in hosting an event in your home or another location, the Dine Around committee has some creative ideas for members who need some help getting started. Please contact Dine Around Chair, Elizabeth Myers, with question or for more information at [dinearound@jlws.org](mailto:dinearound@jlws.org) or visit the website at <http://www.jlws.org/dinearound>.

#### The JLWS Wants To Hear From You!

**What has the JLWS taught you and how have you carried that out into the community?**

“My community placements during my years in the Junior League taught me that people in need might look just like me! I should not judge what anyone says their needs are since I do not know the obstacles with which they are dealing.”

- Active member, Katie Grubbs

“JLWS has taught me that there are many different styles of leadership and there is not one model that we all have to conform to. I've learned to carry this forward in the community by emphasizing my ability to listen and interpret rather than trying to transform myself into the most vocal person in the room, something that a lot of times we confuse with great leadership.”

- Active member, Lawren Desai

“The JLWS offered me the chance to take on leadership roles such as committee chair and vice president and gave me the training to run a committee, how to prepare for and run meetings, as well as, offer support and training to those who may be new to the group. Serving on the JLWS Board prepared me well to serve on other boards in the community which typically expect you to take on leadership roles. I have also unexpectedly learned that giving your time for the good of others is one of the greatest senses of satisfaction you can give yourself.”

- Active member, Kristen Duchac

#### Next issue the JLWS wants to know:

**How do you give back to our community during the holiday season?**

E-mail your answer to [headquarters@jlws.org](mailto:headquarters@jlws.org).

Please note that space may be limited and lengthy answers may be shortened if necessary.

## October Town Hall Schedule

During the weeks of October 21, 2013 and October 28, 2013, the JLWS will once again host the very popular Town Hall meetings for members at various locations across the city to allow members to gather in small groups to network, share ideas, and brainstorm on the future of the organization. Light refreshments will be served at each of the Town Hall meetings and attendance will count toward membership meeting requirements.

Active members may sign up in the Members Only section of the JLWS web site beginning October 7, 2013 to choose the time and location of the meeting that best meets their schedule. Space is limited for each Town Hall. Please see the JLWS web site for more information.

This year the JLWS is also offering two Sustainer Town Halls. See designated times below in asterisks. Sign up in the Members Only section of the JLWS web site or by calling JLWS Headquarters. (See page 15 for more information on these Town Halls.)

Do not miss this great opportunity to provide input into the future direction of the JLWS!

Town Halls are being offered at the following days, times, and locations:

**Monday, October 21, 2013 at 12:00 p.m.**

Location: William G. White, Jr. Family YMCA

**Monday, October 21, 2013 at 7:00 p.m.**

Location: Brookberry Farm Clubhouse

**Monday, October 21, 2013 at 7:00 p.m.**

Location: Under the Stars Room, Children's Museum of Winston-Salem

**Tuesday, October 22, 2013 at 12:00 p.m.**

Location: JLWS Headquarters

**Tuesday, October 22, 2013 at 7:00 p.m.**

Location: Home of Wesley Suttle

**Wednesday, October 23, 2013 at 9:30 a.m.**

Location: Home of Amine Seifert

**Wednesday, October 23, 2013 at 12:00 p.m. (Sustainers Only)\***

Location: Under the Stars Room, Children's Museum of Winston-Salem

**Wednesday, October 23, 2013 at 7:00 p.m.**

Location: JLWS Headquarters

**Thursday, October 24, 2013 at 9:30 a.m.**

Location: JLWS Headquarters

**Thursday, October 24, 2013 at 12:00 p.m.**

Location: Wake Forest University

**Monday, October 28, 2013 at 7:00 p.m.**

Location: Home of Christine Storch

**Monday, October 28, 2013 at 7:00 p.m. (Sustainers Only)\***


Location: Under the Stars Room, Children's Museum of Winston-Salem

**Tuesday, October 29, 2013 at 9:30 a.m.**

Location: Home of Anna Ball Hodge

**Tuesday, October 29, 2013 at 12:00 p.m.**

Location: JLWS Headquarters



Class schedules and pricing are available online at [purebarre.com](http://purebarre.com) or by calling the studio.

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Winston-Salem, NC 27106

**SummitSchool**  
Open House  
Monday, November 11, 1pm

RSVP to [admissions@summitmail.org](mailto:admissions@summitmail.org)



Individual tours may be scheduled by calling Admissions at 336.722.2777 or at [summitschool.com/admissions](http://summitschool.com/admissions)

# Women's Health

## Where to Go When the Unexpected Happens

When you have an unexpected medical problem, such as a burn or a broken bone, it's not always obvious where to go for help. Should you head to the nearest emergency room? Should you make an appointment with your primary care physician? Or will an urgent care center meet your needs? If you're confused, you're not alone. The good news is that it's easier than you think to make the right call.

## Learn to Recognize An Emergency

Life-threatening medical conditions should always be treated as quickly as possible in an emergency room. These include:

- Stroke: Look for symptoms such as sudden, unexplained severe headache, numbness, impaired vision, balance problems or difficulty speaking.
- Heart attack: Look for symptoms such as chest discomfort or pain, often associated with shortness of breath, nausea or vomiting, and profuse sweating. Women may not experience chest pain but instead have heartburn-like symptoms or pain in the jaw or abdomen along with severe fatigue.
- Loss of consciousness
- Serious fractures, such as to the hip
- Continuous bleeding that shows up in the vomit or stool
- Severe abdominal pain, especially with high fever
- Confusion or other altered mental state
- Trouble breathing

But this is just a start. Any medical problem can be—or can become—serious. If an illness or injury seems like it could be life-threatening, seek emergency care as soon as possible. If you notice symptoms of a heart attack or stroke, call 911 immediately.

If you do have a medical emergency, our experienced emergency medicine physicians and nurses at any of our emergency rooms can care for you 24 hours a day, seven days a week. You can even check wait times and check-in online. This service saves you time when every second matters. Visit our website to find the right ER location for you, select the time you'd like to be seen, and we'll hold your place. For more information, visit [www.yourcareconnections.org](http://www.yourcareconnections.org) or call 336-718-7070.

## Your Family Doctor: Not Just for Sniffles and Stomachaches!

If your medical problem does not include symptoms such as the ones listed above, it's best to first contact your primary care physician for care. He or she knows your medical history, such as medications you are taking and other illnesses you are being treated for, and can also make sure that you receive the right follow-up care.

Most people do not realize the range of conditions that their primary care physician can take care of. While not all practices treat injuries such as broken bones, they can treat most minor medical needs, from sports injuries like sprained ankles to lacerations and abscesses. If not, they can refer you to the right facility.

For more information about primary care services or to find a primary care physician, visit [novanthealth.org](http://novanthealth.org) and click on Find A Doctor.

## When You Can't Get to Your Regular Doctor

Of course, there will be times when you can't see your regular doctor. For after-hours needs or for patients who do not have an established relationship with a doctor, urgent care centers are a great option. These practices are staffed with physicians and nurses with the same level of training as your family practice, and they can treat the same types of medical issues, including:

- Broken bones
- Burns
- Minor allergic reactions
- Animal bites
- Fever
- Flu-like symptoms

You do not need an appointment at an urgent care center, and care is always given the same day. When you arrive, a medical staff member will talk to you about the problem you are having. If it turns out that you are having a medical emergency, they can help get you where you need to go for the right treatment. PrimeCare urgent care centers offer same-day care for minor illnesses and injuries, with extended hours and locations across the Triad to make getting care easy and convenient. For more information, visit [nhprimecare.org](http://nhprimecare.org).

If you're ever in doubt about which care facility to choose, call our Care Now line, formerly Care Connections, at 336-718-7070 and speak with a nurse 24/7 for free. The nurse will evaluate your medical condition, recommend the best course of treatment and direct you to a primary care physician, Prime Care urgent care, or the emergency room.



**When illness  
or injury occurs,  
you have a nurse  
on call 24/7**

Care Now is a free service that connects you to a nurse who will help direct you to the care you need. **Call 336-718-7070.**



## New Members

The New Member committee and JLWS members were excited to welcome the 2013-2014 New Member class at the New Member Seminar on Saturday, August 10, 2013. This was a time for New Members to get to know each other and the JLWS. Committee chairs for Boutique, Tour of Fine Spaces, and Rummage Sale gave presentations highlighting the community impact of their event's as well as the fun members have putting them on. New Members learned about the history of the JLWS during the president's remarks portion of the day, and had the honor of hearing last year's Sustainer of the Year, Gwynne Taylor, speak about her experience in the JLWS. Of course, no introduction to the JLWS would be complete without an overview of the wonderful community placements New Members will have an opportunity to experience. This year New Members will be involved with Girls on the Run, the Children's Museum of Winston-Salem, the Healing Center, Goler Community Garden, Family Support Network, Puppet Show, and Kids in the Kitchen. Welcome New Members- the JLWS is excited to work alongside these group of women improves the community through voluntarism!



## New Members

# New Member Group Spotlight: Yellow Group



### **Brittany Hunton's New Member Group:**

From Left to Right: Brittany Hunton, Liz Thomas, Kayce Clodfelter, Lindsay Schneider, Ella Douglas, Alexandra Gebhard, Melissa Bryson (Not Pictured: Francie Fisher and Vanessa Hansen)

New Member groups are one of the most important parts of the first year in the JLWS. Not only is the JLWS introducing New Members to volunteer work in the community, but also providing a group where each New Member can connect with one another and make the JLWS feel personal. Brittany Hunton is the New Member Mentor of the yellow group, and they have been busy. The yellow group had their first social in late July; the focus was getting to know one another. In September, the yellow group showed their artistic side at Merlot and Van Gogh and in October they will expand their circle to include another new member group at a “Eat, Drink, and Be Scary” Halloween Party. The yellow group is obviously very social, but they have a heart for service. This group plans to volunteer together at the Ronald McDonald House on top of their placements around the community!



## Mentor: Brittany Hunton

Brittany Hunton grew up in South Florida and earned an undergraduate degree from Florida State University. After graduation, she moved to Winston-Salem for a job in the University Events Office at Wake Forest University. Brittany joined the JLWS to develop friendships and to get to know the impressive women in this community. Brittany wanted to be a New Member Mentor because of her experiences with her New member group last year. She felt it was a great resource and made her feel comfortable trying many new Junior League related activities.

## Save the Dates! • Boutique 2013

### Girls Night Out: Bubbles, Baubles, and Bags

Friday, November 15, 2013

6:00 p.m. to 9:00 p.m.

Main Level of Benton Convention Center

Downtown Winston-Salem

The Boutique committee looks forward to seeing all of the JLWS members, family, and friends at Boutique 2013- the perfect way to kick off the holiday season and support the JLWS! This year's Boutique Holiday Market will begin Friday, November 15, 2013 at Benton Convention Center with a Happy Hour for downtown professionals to get a jump on holiday shopping before heading home for the weekend. The Happy Hour will be followed by the second annual Bubbles, Baubles, and Bags Girls Night Out event, where attendees are invited to eat, drink, and be merry while visiting with friends old and new! This year's Girls Night Out will again showcase a silent auction of designer handbags and fine jewelry while offering VIP shopping, entertainment, and so much more.

### Boutique Holiday Market

Saturday, November 16, 2013

9:00 a.m. to 6:00 p.m.

Main Level of Benton Convention Center

Downtown Winston-Salem

The Boutique Holiday Market will open on Saturday, November 16, 2013 at 9:00 a.m. for a full day of holiday shopping, demonstrations, door prizes, and offers shoppers the perfect way to start decking the halls! This year's holiday market will feature entertainment for the entire family, so make sure the kids come along on Saturday morning for special holiday themed activities while the holiday shopping list is checked off. No need to run around town to do shopping, Boutique has something for everyone from specialty food, jewelry, bath products, clothing, and so much more!

To purchase advance tickets for Girl's Night Out and/or Boutique Holiday Market, please visit [www.jlws.org/boutique](http://www.jlws.org/boutique) for more details.

#### Ticket prices:

Advance tickets for Girl's Night Out and Saturday All Day Shopping are available until Tuesday, November 12, 2013 at [www.jlws.org/boutique](http://www.jlws.org/boutique)

Grab three friends and get the best deal for Girl's Night Out: Four tickets for \$100.00! Single Girl's Night Out tickets in advance are \$30.00 each or \$35.00 at the door.

#### Saturday Shopping Ticket- \$4.00 each

There is still limited vendor space available! The Boutique committee is hard at work planning for this year's market and recruiting the best vendors from across the country. If interested in a booth at this year's market or know someone who might be interested, please contact the Boutique chairs at [boutique@jlws.org](mailto:boutique@jlws.org).

The JLWS is committed to the success of Boutique as it grows to become one of the JLWS's major fundraisers, but each member of the JLWS is needed to be there this year, bring friends, and spread the word. The event is counting on each and every New member, Sustainer, and Active member of the JLWS to attend this year's Boutique events.

*A Girls Night Out at Boutique*



*Bubbles, Baubles and Bags*



LJVM EDUCATION & ANNEX BUILDING  
APRIL 10-12, 2014

## Rummage Sale's 60th Anniversary!

Preparations for the final JLWS Rummage Sale are underway! With this year's sale being the last, the committee is focusing not only on offering quality housewares, clothing, book, furniture, and electronics to shoppers, but also celebrating the past, present, and future!

The 2014 Rummage Sale will take place Thursday, April 10, 2014 thru Saturday, April 12, 2014 at the LJVM Coliseum Annex and Education Buildings.

### 2014 Rummage Sale Schedule

**Monday, April 7, 2014 to Wednesday, April 9, 2014**  
Work Week Shifts

**Thursday, April 10, 2014**  
10:00 a.m. to 11:30 a.m. Sustainer Breakfast  
6:00 p.m. to 9:00 p.m. Preview Party

**Friday, April 11, 2014**  
5:30 p.m. to 8:30 p.m. Rummage Sale

**Saturday, April 12, 2014**  
Rummage Sale Half Price and Black Bag Sale

Contact Leigh Sobel and Erin Muller, Rummage Sale Co-Chairs, with questions regarding the 2014 Rummage Sale at [rummagesale@jlws.org](mailto:rummagesale@jlws.org).

For scheduling conflicts and make up opportunities, please contact Lauren Rogers, Rummage Sale Scheduling Chair at [rsscheduling@jlws.org](mailto:rsscheduling@jlws.org).

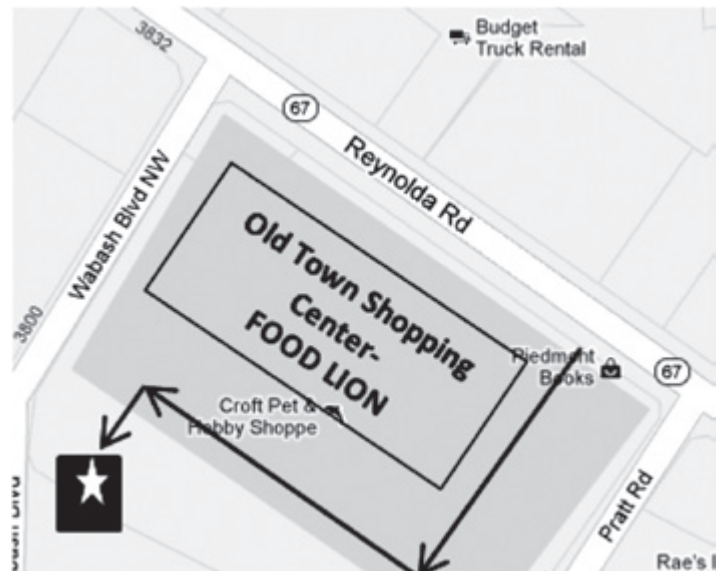
### Early Rummage Drop-off Schedule

Have quality rummage that can't be held on to until the sale? Please consider using one of the early drop-off dates held at our storage unit, located at 3800 Reynolda Road (behind Old Town Shopping Center).

Rummage Sale Committee members will be there to receive rummage donations from 10:00 a.m. to 1:00 p.m. on the following Saturdays:

**October 26, 2013**  
**January 11, 2014**  
**February 8, 2014**  
**March 8, 2014**

Please bring all clothing and linens in plastic garbage bags, and all other rummage donations in boxes. See the Rummage Sale page on the JLWS web site for a list of products that JLWS cannot accept for rummage.



## Fall Leadership Dinner, Sponsored by the Volunteer Development Committee

In recognition of the members who graciously volunteer their time as leaders within our organization, the JLWS is hosting a dinner at Summit School on Wednesday, October 9, 2013. Board members, committee chairs, and assistant chairs are invited and asked to RSVP by October 1. The night will include time to mingle and meet fellow leaders. In addition, a panel of Sustainers will share how their JLWS leadership experience led them to find involvement within the larger Winston-Salem community. Contact Carrie Ross, Volunteer Development chair, for more information.

## AJLI Offers: Webinar Wednesdays

AJLI's Webinar series, Webinar Wednesdays, is one of many methods to help Junior League women develop as community and civic leaders. These sessions, typically one-hour in duration, are designed to appeal to every Junior League member, regardless of age or current engagement in her community, as an easy way to increase her knowledge of and interest in community and civic leadership.

Webinar Wednesdays runs from September to June, typically on the second and fourth Wednesday of the Month at 1:00 p.m.

*JLWS members can now log onto the AJLI web site easier than ever. Registration for the AJLI web site is available to do right from the JLWS web site! The system has been designed to automatically connect each member's account with the AJLI system so that only one login is required. By clicking on the AJLI LOGIN button located on the upper right-hand side of the JLWS member home page the AJLI web site will immediately recognize members and will automatically log members into the AJLI web site. The AJLI web site is full of news, information, resources, and member benefits. Please visit it often!*



## How can I help as a Sustainer?

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One of the most commonly asked question from the Sustaining members is “How can I help?” The JLWS is so very fortunate that the seasoned “alumnae” continue to show their support through contributing valuable resources to the Junior League.

### **Want to help, but not sure where to start? A list has been compiled that interested Sustainers can do to:**

- Show appreciation for the training and development the JLWS provided them.
- Provide others with a similar experience.
- Stay connected to the Junior League community.
- Reap the social and emotional benefits associated with being a member.

Volunteer to serve as a member of a committee. For a complete list of available committees, visit <http://www.jlws.org/directory>  
[Jen Henson](#) | [placementdevelopment@jlws.org](mailto:placementdevelopment@jlws.org)

Organize and lead a Sustainer interest group. Get creative. Ideas include dining, gardening, investing, antiques, singing, golf, tennis, running, etc.  
[TBD](#) | [headquarters@jlws.org](mailto:headquarters@jlws.org)

Gather a group of your closest friends and bring them to Girl’s Night Out at the Boutique: A Shopping Event on Friday, November 15, 2013.  
<http://www.jlws.org/boutique>

Donate to the Annual Fund.  
<http://www.jlws.org/annualfund>

Help source and/or purchase a camera for the Photography committee.

Help source and/or provide in-kind marketing and public relations services.  
[Ayanna VanShuytman](#) | [marketingandpr@jlws.org](mailto:marketingandpr@jlws.org)

Serve as a puppeteer for a day (or two) with the Child Abuse Puppet Show.  
[Cecelia McPhail](#) | [puppetshow@jlws.org](mailto:puppetshow@jlws.org)

Share your personal, professional, and volunteer experience by offering to facilitate a volunteer development workshop.  
[Carrie Ross](#) | [volunteerdevelopment@jlws.org](mailto:volunteerdevelopment@jlws.org)

Volunteer for a “Done-In-A Day” project through Major Leaguers.  
[Amy Shively](#) | [majorleaguers@jlws.org](mailto:majorleaguers@jlws.org)

Host a Dine Around party at your house.  
[Elizabeth Myers](#) | [dinearound@jlws.org](mailto:dinearound@jlws.org)

Provide the names and contact information for potential corporate sponsors to Fund Development.  
[Julianna Gyves](#) | [funddevelopment@jlws.org](mailto:funddevelopment@jlws.org)

Write/assist in developing a grant for the Junior League of Winston-Salem.  
[Tasha Smith](#) | [grants@jlws.org](mailto:grants@jlws.org)

Serve as a mentor in the First Year Active program.  
[Christie Stein](#) | [fya@jlws.org](mailto:fya@jlws.org)

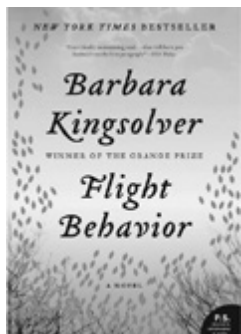
Propose a prospective member. Better yet, join her as she attends prospective member meetings.  
[Elizabeth Marsh](#) | [newmemberinterest@jlws.org](mailto:newmemberinterest@jlws.org)

Attend a General Membership Meeting to connect with other members, hear dynamic speakers, and catch up on what’s happening in the JLWS.

Attend the upcoming Sustainer Engagement forum (see page 15) and help brainstorm additional opportunities for Sustainers to get and stay involved.  
[Allison Reaves](#) | [sustainersconnect@jlws.org](mailto:sustainersconnect@jlws.org)

Do you have additional ideas? If so, we want to hear them at [sustainersconnect@jlws.org](mailto:sustainersconnect@jlws.org).

## Sustainer Daytime Book Club: 2013-2014 Book Selections



**Flight Behavior**  
by Barbara Kingslover

**November 20, 2013**  
(at the home of Carol Fagg)

## Sustainer Evening Book Club: 2013-2014 Book Selections



**The Bookman's Tale**  
by Charlie Lovett

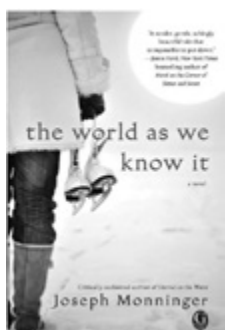
**November 12, 2013**  
(at the home of Elizabeth Pate)

Author Charlie Lovett will be in attendance at this meeting to discuss his book. Seating is limited.



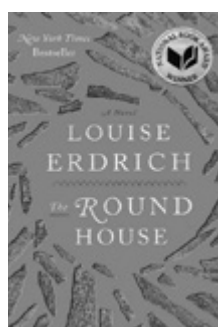
**A Train in Water**  
by Caroline Moorehead

**March 11, 2014**  
(Location TBD)



**The World As We Know It**  
by Joseph Monninger

**January 14, 2014**  
(Location TBD)



**The Round House**  
by Louise Erdrich

**May 13, 2014**  
(Location TBD)

## Annual Printed Member Directory for Sustainers

All Sustainers were mailed a copy of the printed Member directory to update their JLWS Member binders. New this year, the JLWS is asking that Sustainers “opt in” to continue receiving future updates. This is the last year Sustainers will receive a paper copy of the Member Directory if they do not opt in.

In a continuing effort to reduce costs and paper usage at the JLWS HQ, printed copies of the Member Directory are mailed to Sustainers only. All members are encouraged to log on to the website: [www.jlws.org](http://www.jlws.org), where the directory and remaining 2013–2014 Yearbook can be found.

To receive future printed Member Directories by mail please return the postcard included in the Member directory, email [headquarters@jlws.org](mailto:headquarters@jlws.org), or call JLWS Headquarters.

## Noteworthy



### Junior League Transitions

#### Transfers from Winston-Salem:

**Kathryn Lindsay Berg** (Active)  
San Antonio, Texas

**Lauren Hubbard** (Active)  
Athens, Georgia

**April Jenkins** (Active)  
Charlotte, North Carolina

**Ann Lassiter** (New Member)  
Washington, D.C.

**Genevieve Riebel** (Active)  
Louisville, Kentucky

#### Transfers to Winston-Salem:

**Amy Gatto** (New Member)  
Raleigh, North Carolina

**Anne Viar** (Active)  
Greensboro, North Carolina

**Sarah Wiles** (Active)  
Raleigh, North Carolina



### Member Milestones

Active member, **Kelly Carter**, was promoted to Business Development Coordinator at Wake Forest Baptist Health.

Active member, **Jessica Francis**, was promoted to Assistant Director for Study Abroad at the Center for International Studies at Wake Forest University.

Sustaining member, **Elizabeth Nolan**, is now the Director of Faculty Affairs at Wake Forest University.



### Engagements

**Jayne Dallas to William Bebane**  
March 31, 2013



### Marriages

**Jessica Robinson and Griffin Thomas**  
May 25, 2013

**Heather Jenkins and John Shilt**  
August 17, 2013

**Kelly Carter and Craig Rosenfeld**  
September 21, 2013

**Jennifer Eshelman and David Edward Conrad**  
September 21, 2013



### Little Junior Leaguers

**Kathryn Elizabeth Francis**  
May 11, 2013  
Jessica and James Francis

**Georgia Gray Elliott**  
May 15, 2013  
Mary Ellen and Scott Elliott

**Sheldon Ann Mangum Stubbs (“Sheldon Ann”) and Alexander Buchanan Stubbs, Jr. (“Buck”)**  
July 31, 2013  
Meredith and Alexander “Z” Stubbs



### In Memoriam

**Marty Hancock**, Sustainer and Past President  
August 27, 2013



Please e-mail any additions to [headquarters@jlws.org](mailto:headquarters@jlws.org).

## Sustainer Town Halls: Engagement Strategies

What happens when you provide meaningful engagement opportunities to the 600 Sustaining members of the JLWS? That's what we want to know! Join us as we strategize new and unprecedented ways for Sustainers to support the mission and vision of our organization at a level which they are comfortable. In our first of three Town Halls, we will discuss:

- What do you want from the JLWS?
- What do you believe you can contribute to the JLWS?
- How would you prefer to make that contribution?

Subsequent collaborative sessions in January and March will build on the input from the October Town Halls and explore the potential for adding a new Sustainer Council to support the engagement initiatives.

### Join fellow JLWS Sustainer on either:

Wednesday, October 23, 2013 at 12:00 p.m.

Location: Under the Stars Room, Children's Museum of Winston-Salem

Monday, October 28, 2013 at 7:00 p.m.

Location: Under the Stars Room, Children's Museum of Winston-Salem

**Sign up in the Members Only section of the JLWS web site or by calling JLWS Headquarters.**



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